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ISSN 00382183



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# BEST DRESSED WINDOWS

Use Decorland's aluminium Venetian blinds to complete this dramatically modern look.

# CREATE THE LOOK WITH DECORLAND

The kitchen has become the most social part of the home so it's important to create a space that combines your cooking needs with finishes to compliment those needs. A seamless and social kitchen is one where the functional items, i.e. the fridge, freezer and sink, blend in with the hard-top units you've chosen to create an open, inviting area.

Your choice of window treatment is crucial – Decorland's custom-made aluminium Venetian blinds available in exquisite colours. The bold red highlights this window as a focal point and transforms this kitchen into an exciting, modern space. This is enhanced by the use of the complimentary green, used in the shelving and accessories.



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## CURTAIN ROD TIPS

Use curtain rod rings for gather-top curtains or hang eyelet and tab-top curtains directly onto the rod. To find the right installation height for the rod, add 1 or 2cm to the curtain length so that it subtly skims the floor when hung. When spacing the support brackets for the curtain rods, keep in mind - curtains cannot run past the brackets.



bread

All Decorland products are exclusively available at







# contents

JULY 2015

## decorating

- 16 **HOME FRONT** What's happening on the decor scene?
- 24 **ARCHITECT'S PLAN: CLOSE TO NATURE** A farmhouse-inspired family home



Made with Love, pg 30  
Photograph Greg Cox

- 26 **TREND SPOTTING:** Urban chic with a stylish edge
- 28 **HEART OF THE HOME** Create a rustic French country kitchen
- 30 **MADE WITH LOVE** Doreen de Waal's Cape period home is filled with personal style
- 38 **TAKING IT EASY** A welcoming, relaxed home in the Cape
- 47 **INDUSTRIAL EDGE** Bold choices characterise this KZN home
- 54 **AN UNEXPECTED TWIST** Interesting ways of mixing old and new
- 58 **IT'S A THROW DOWN** Throws to snuggle up under
- 60 **STYLE BY NUMBERS** Merchandiser Dylan Tomaz on how to display collectables

- 64 **EASY UPDATES** Quick ways to freshen your home
- 68 **COME FOR DINNER** Entertaining-friendly kitchens
- 74 **ART OF THE MATTER** Hang pictures like a pro
- 78 **MAKEOVER: MODERN LIVING** A budget-savvy kitchen transformation
- 80 **DIY UPCYCLING PROJECT: TURNING THE TABLES** An old piano stool becomes a stylish side table

## gardening

- 84 **ACTING NATURALLY** Use stone cladding and mod furniture to create a chic veranda
- 86 **LOOKING UP** Tiers of colour define this Jo'burg garden
- 90 **BLAZING A TRAIL** Exciting new clivias

- 94 **BETWEEN THE LINES** An oriental-inspired garden in Jo'burg
- 98 **FIVE OF THE BEST** Top landscapers' trade secrets
- 102 **YEAR-ROUND BEAUTY** Container plants that'll create lasting interest
- 104 **COOL CUSTOMERS** Unusual plants that thrive in the cooler months
- 106 **GARDEN NOTES** Garden news and debuts
- 110 **LEARNING THE LINGO** An easy guide to horticultural jargon
- 114 **OUT IN THE COLD** Colourful winter bedding plants
- 116 **SALAD DAYS** Grow your own lettuce

ON THE COVER





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118



102



86



84

## promotions & offers

- 46 **COMPETITION** Stand a chance to win one of six queen-size beds
- 82 **SUBSCRIPTIONS** Receive a 50% discount on selected Caxton titles
- 113 **FABULOUS FREEBIES** We're giving away sun hats, firepots plus a sofa

## collecting antiques

- 132 **COLLECTING WITH...** Ian McMillan shares his love of antique Cape furniture
- 134 **TREASURE CHEST** How much are your collectables worth?

## regulars

- 14 **WRITE NOW** Keep in touch with us
- 22 **MOMENTS IN TIME** Peter Bonney creates hyper-realistic paintings
- 135 **DIRECTORY** Good shopping guide
- 139 **WORKSHOPS** Short courses
- 140 **HIGH FIVE** Haidee Kramer of Dreamweaver Studios shares her favourite things

## food & travel

- 118 **TEA PLEASE** Master baker Irma Brümmer treats her friends to a delicious vintage-style tea
- 124 **BON APPETIT** What's new in the world of food and wine
- 126 **UP THE FLAVOUR** Colourful, aromatic dishes
- 128 **TURKISH DELIGHT** Marianne Alexander savours Turkey's unexpected surprises

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②  
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 GRIS  
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 NUEZ  
 PERLA  
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⑤  
 Size: 650x480mm or 900x480mm

⑥  
 JEEVES  
 Size: 333x1000mm

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Promotion ends **31 July 2015**

While stocks last. Selected products only. Prices subject to change.

All cabinet prices exclude taps. **BlastBC** 127307/5





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**ITALTILE**

LIVE BEAUTIFULLY



# Personal best



I recently read an interview with an LA-based interior designer who said: "A mix of old and new gives a space soul." And not just soul, in my opinion, but personality and character too – I've always loved the excitement of the unexpected when, for instance, an old table is

paired with striking modern chairs or a classic sofa flanked by contemporary side tables and the latest lamps.

We might all have the same basics (hands up if you also have a beige or grey sofa) but it's the collectables, the accessories, the pieces of furniture you've inherited or fallen in love with that differentiate your home from a showroom. And the good news is that there's no right or wrong way to incorporate them – embrace your style and your heirlooms and go for it. Although a word of caution here, just because that enormous cupboard belonged to your great aunt, doesn't mean you have to hang on to it – unless it's quite beautiful, of course.

The homes in this issue are all very different but each one is an expression of the owners' personalities and styles. I admire Schanè Anderson's bold decision to have black floors and accents and it works beautifully in her industrial chic home. Quirky objects and those that evoke Doreen de Waal's childhood in the Free State make her historic home even more special and it's evident that every room is lived in and every piece enjoyed. And if you're not sure how to display the accessories you've collected over the years, turn to page 60 where stylist and merchandiser Dylan Thomaz shares his expert advice.

The gardens in this issue also reflect the owners' personal style. The tiers of roses surrounding the Luries' Sandhurst home couldn't be more different to the calm and natural texture of the Oriental-style garden in Randpark Ridge, but each garden suits its owners perfectly.

And speaking of gardens, I was fascinated to learn that our indigenous clivia have been elevated to collector status. Gardening writer Alice Spenser-Higgs revealed that sought-after plants have been known to fetch R20 000 at auction. I'm now seeing them in a new light. You can read her feature on the latest clivia colours and styles on page 90.

*Shary Jane*



The easiest way to update a room is with new lamps. Turn to page 64 for other quick decor fixes.



It's the accessories you collect and the way you display them, like this grouping in stylist Doreen de Waal's Cape Town home, that makes your home stand out from the rest. See more of her home on page 30.



Green is the new in colour for clivias. Read more about them on page 90.



With entertaining in the kitchen so popular, bar stools have become more sophisticated. Jumbo bar stools, POR, Comfort Creations. [comfortcreations.co.za](http://comfortcreations.co.za). For more ideas see page 68.



I adore these burnished metal pendants in the Andersons' KZN home featured on page 47.





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## winning letter

### A DREAM COME TRUE

I've faithfully browsed the pages of *Garden and Home* for years, wishing I had the talent of the decorators and creatives within. I'm in the construction industry and I've renovated and built dozens of homes, but never had the confidence to take them to a finished stage I could be proud of – leaving it up to decorators to do the finishing touches.

Then last year, my husband and I began building our own home in a small Bryanston estate. I promised myself I'd make this a 'complete' home inside and out, from the build to the decor. Once the final construction was done, my real challenge began. Armed with the monthly



wealth of ideas, contacts and courage in the magazine, I set out to decorate and with your great advice, I'm learning to trust my gut. For the first time, I can proudly look at my home and say: "I did this all myself."

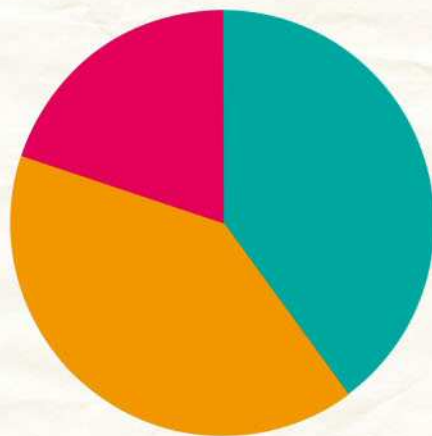
**Karen Brown, via e-mail**

*Congratulations Karen! From the photographs you sent us we think you've done an amazing job.*

### WE ASKED ONLINE...

**Do you use your patio in winter?**

- Only when the sun's out 40%
- All the time 40%
- Not really, it's much nicer inside 20%



### Comfort food

My late mom was an avid *Garden and Home* reader, whereas I lean towards foodie magazines. However, as Mother's Day had just passed, I decided to buy your June issue in memory of her. To my surprise and delight, I discovered the wonderful Clemengold semolina cakes recipe in the food section – not at all what I expected to find in a decor magazine! It just so happened that I had a bowl of this vibrant fruit and I was inspired to bake.

I picked up a bulging Clemengold which was wonderfully sweet and aromatic. Very soon I had these orange creations baking in the oven, and they came out delicious, moist and packed with flavour!

Not only were the recipes good, but the beautiful gardens were very inspiring. I think I'll follow in my mom's footsteps and buy *Garden and Home* every month.

**Rachel Nortje, via e-mail**



If you've missed an issue, contact RNA to get a back copy of your favourite mag! 011 473 8700 or [RNAD.co.za](http://RNAD.co.za)

### DOUBLE DELIGHT

Thank you very much for my hamper of gorgeous Sh'zen products. My subscription was a house-warming gift and I've had such pleasure reading each issue from cover to cover. This indulgence is also guilt free, as I read during load-shedding – often by candlelight!

**Eleanor Fradley, via e-mail**

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- SA Garden and Home magazine
- @SAGardenandHome
- [sagardenandhome](http://sagardenandhome.com)
- [sagardenandhome](http://sagardenandhome.com)

### WRITE IN AND WIN

Karen has won a Hand Painted by Carmel tablecloth for an eight-seater table valued at R1 065. Hand Painted by Carmel provides gorgeous table linen lovingly hand-painted by Carmel Stoch. Her latest eye-catching designs feature bold florals like fynbos, and vegetables such as tomatoes, chillies and garlic. The tablecloths are made from coated 100% raw bull denim cotton, so they're completely stain- and liquid-resistant, allowing you to easily wipe them clean. Visit [handpaintedbycarmel.com](http://handpaintedbycarmel.com)







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\*NEDC Combined Fuel Cycle. Retail price in accordance with 6 May 2015 price list. Inclusive of 5 year/150 000km Warranty & 3 year/45 000km Service Plan. Price excludes extras and "on the road" costs.



# Home FRONT

Our pick of this month's highlights, from things to do and seasonal shopping to decor news and the best places to visit

## Rock of Ages

Love Milo's new Minerals range is a clever nod to the natural world. Solid brass saucers and spoons are paired with agate-inspired ceramic designs. Ideal for gifts, or just to spoil yourself. [lovemilo.com](http://lovemilo.com)



## MOVING UP

Home Fabrics has relocated to a stunning new flagship showroom with two floors of exceptional local and imported collections. You'll find them at 8 Desmond Street, Kramerville. [hf.co.za](http://hf.co.za)

## GOOD WOOD

Natural, organic and sustainable, wood takes centre stage at Cape Town's Southern Guild gallery this month. Some of today's most recognised local designers will be exhibiting, with 22 limited-edition works on display. The exhibition runs until 28 August 2015. [southernguild.co.za](http://southernguild.co.za)



## Orient Expressed

The Imperial Garden collection by Thibaut is a strikingly beautiful range of fabrics, wallpaper and embroidery. Derived from antique documents, the highly sophisticated designs range from chinoiserie and tiger motifs to ikats and florals – Far East fantasy at its finest. See the collection at St Leger & Viney. [stleger.co.za](http://stleger.co.za)



## Remarkable Rugs

Papilio South Africa specialises in handmade rugs designed in Belgium with the support of textile technicians and produced by the best hands around the globe. Recycled jeans, bicycle tubes and army tents are a few of the many products that are given a second life along with more conventional materials such as leather and wool. [papilio.co.za](http://papilio.co.za) ▷



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2



## THIS MONTH *we're loving...*

"Affordable art. Adding art to a space can really create depth and interest and it's never been easier to start your own collection!" says decor stylist Jo Trappitt. "Keep it fresh yet bold with these prints from Superbalist.com – Caravan Trails, A2 in white frame, R799 (1), and Hold Your Breath, A3 in black frame, R499 (2), or go for a dramatic monochrome canvas such as this one from Mr Price Home, Abstract wall art, R599,99 (3)."



3

## Cool Combination

Australian brands Cotton On and Mark Tuckey have just launched a new homeware collection. Described as "effortless and accessible", the range features pieces for all areas of the home, from bedlinen to platters. Shop online from 3 July, or at selected stores from 8 July. [cottonon.co.za](http://cottonon.co.za)



## Haute HEXAGONS

We love Jen Jen Design Studio's new range of hexagonal prints on wooden blocks – just the thing to create a focal point on an empty wall. [jenjen.co.za](http://jenjen.co.za)



## Jo'burg meet CAPE TOWN

Long the go-to destination for Jozi's decor fundis, 5FIVE has opened in Cape Town. It consists of five leading decor brands in one of the most stylish spaces in the Cape. Visit their showroom at The Palms Centre in Woodstock today. 083 326 5457.



## Second HOME

Classic Bond has chosen Kramerville for the location of their second Jo'burg store. Known for their easygoing brand of locally made furniture and accessories, this spacious locale showcases a range of stunning room settings. Design on Appel, 14 Appel Road, Kramerville. [classicbonddecor.co.za](http://classicbonddecor.co.za)

## Gone Dotty

Inspired by a trip to Jaipur in India, Skinny laMinx's Heather Moore has created a new collection, Diggi Dot. Soft tones and delicate fabrics evoke the craftsmanship and fine detail she experienced. Look out for versatile combinations like Lemon and Mint, and Liquorice and Fog. [skinnylaminx.com](http://skinnylaminx.com) ▷





# H

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## Designer's CHOICE

Knysna-based textile designer Lauren Frates loves these upcycled journals from local firm Wake Up and Dream. "They're made from vintage book covers with artwork by Sharon Kensley, and I appreciate the fact that no two are alike. It's lovely to see a once-treasured object being given a new lease on life." Available online at [hellopretty.co.za](http://hellopretty.co.za)



## Graphic Blooms

Papavera, Sanderson's vivacious new collection of prints and wallpapers, has engagingly simple stencil cuts with fabulous colour combinations. Sanderson is now stocked by Black Fabrics. [blackfabrics.co.za](http://blackfabrics.co.za)



## Cushion Carnival

Durbanites have long been aware of the gorgeous cushions available at Inside Out Home Boutique. Now the rest of the country can be let in on the secret as they have recently opened an online store. [insideouthb.co.za](http://insideouthb.co.za)



## NEW BEGINNINGS

SHF has extended its reach, opening a new branch in Kramerville. The 2 000m<sup>2</sup> showroom displays over 100 lifestyle settings, plus an extensive range of lighting and accessories. You'll find this modern-industrial space at 14 Kramer Road, Kramerville, 010 492 5455.



## Super STRUCTURE

Isabelina's new metallic range of accessories includes this delicate geometric lantern, R620 – just the thing for a gentle dinner-party glow. [isabelina.co.za](http://isabelina.co.za)

## What's On

### 27, 28 JUNE Green Home Fair

Coinciding with Sustainability Week, the Green Home Fair takes place at Brooklyn Mall in Pretoria. Eco-decorating and green energy, eco-travel, veggie gardens and savvy recycling are just some of the products and ideas being showcased. [sustainabilityweek.co.za](http://sustainabilityweek.co.za)

### 23–26 JULY PE Algoa FM Homemakers Expo

Don't miss the 2015 Port Elizabeth Algoa FM Homemakers Expo taking place at the Boardwalk Exhibition Centre, Summerstrand. Leaders in home decorating and renovations will showcase the latest products and technology. Regular favourites, the Coffee Lovers' Theatre and Gourmet Garage will keep you refreshed, with the Dream Home Competition now bigger than ever. [homemakersonline.co.za](http://homemakersonline.co.za)

**WIN!** We're giving away 20 double tickets to the 2015 Port Elizabeth Algoa FM Homemakers Expo worth R80 each! To enter, **SMS HOMEMAKERS**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. Entries close on 16 July 2015. For full Ts&Cs, see page 113. [gardenandhome.co.za](http://gardenandhome.co.za)







## Soft comfort skilfully crafted into every Nouwens carpet.

There's no denying the gentle, under-foot comfort that carpets bring to any living space, and the urge to relax on a textile floor... but there are more aspects of comfort to a Nouwens carpet than meet the eye. Our carpets are easy to care for, offer thermal and sound insulation and are less likely to cause injury from a fall than do hard floor options. Carpets in general also promote lower allergy levels, trapping allergens and keeping them out of the breathing zone until they can be vacuumed away. Crafted with passion and care, a Nouwens carpet is all you need to bring comfort and elegance into your living and working spaces. *The carpet swatch featured is from the **Chenille Range** - colour: **Cotton**.*



**creative** spirit



# Moments IN TIME



Peter Bonney's hyperrealistic depictions of the Karoo are legendary for the déjà vu they inspire

## Do you have formal training?

No, I started out as an analytical chemist. My only art studies were at school. After that, I received much guidance and learning in the studio of fellow artist Hannes du Plessis.

## Who or what inspires you?

Dutch artists from the 17th century, particularly Vermeer. Every time I visit my children in London, I make a pilgrimage to the British Museum and spend days soaking in the Dutch School galleries. I'm also inspired by our South African landscape, particularly the Karoo. I love the quietness and bigness and the stories that lie hidden among the relics and remnants of a life that is disappearing.

## Discuss your artistic style.

Technically it's called realism or hyperrealism. The Dutch School was known for portraying daily life in a

realistic way, as though a moment in time was caught on camera. That's what I do, although I'm less figurative. My paintings are seldom of people, but have content that suggests the presence of humanity. I don't often paint a landscape that doesn't contain a man-made 'intrusion'. It's the intrusion that makes the story.

## How does an idea become a finished artwork?

It's more an observation of reality than it is an idea. I've travelled thousands of kilometres in search of references but few, if any, of my paintings are an exact replica. People often say that a painting looks 'so real' or that they've seen 'that place', but they haven't, because it's composed of authentic elements from different landscapes to make an entirely fictitious scene.

## Please describe your studio.

My wife calls it my 'man cave', I call it

my little corner of heaven on earth. We live in the beautiful town of Clarens and my studio is an old Free State thatched sandstone house in the heart of the village. The street side is part and parcel of the town while the other side looks out over a small forest of maple trees and the Maluti Mountains. The best of both worlds!

## What have been your greatest career highlights?

I have one particular client, Doug Smollan, who gives me the opportunity to go big and do different; I did a massive painting of his wine cellar in Stellenbosch. Important highlights have been meeting certain people, namely fellow artist Hannes du Plessis and the late Chris Crake of Crake Gallery in Johannesburg who put me on the map.

## Where is your work exhibited or sold?

My own studio in Clarens, as well as the Chérie de Villiers Gallery in Jo'burg. **GH**

**SOURCES** Chérie de Villiers Gallery  
gallery.co.za **Peter Bonney Studio**  
peterbonney.co.za





## "S" is for sensational, seamless and stylish

It's not just a letter, because to Samsung, "S" signifies a true leap forward in technology. Welcome to a world of a sensational SUHD TV, where you will experience a spectacular, cinema-quality viewing experience in the comfort of your home.

Now, you can take home-viewing to a whole new level, with premium, Ultra High Definition (UHD) content and a completely superior viewing experience because Samsung has made it a reality with its new SUHD TV offering.

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The more time we spend at home, the more important design features become. Details like a grand Chamfer bezel add more depth to the screen, while the elegant frame makes the SUHD TV look like a piece of art when it's wall mounted.

With the SUHD TV, curved Soundbar, top-notch entertainment and timeless design, all you have to do is stock up on popcorn, sit back and invite your friends to enjoy the magic – all in the comfort of your home.



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**SAMSUNG**



# CLOSE TO *nature*

A farmhouse-style home near the city provides the best of both worlds for the Kleu family

**A**lthough Pieter Mathews of Mathews & Associates Architects is known for commercial architecture such as bridges and stations, his diverse portfolio also includes high-end residential properties; more specifically a number of houses at Southdowns Residential Estate in Centurion, where the Kleu family lives. "I enjoy developing a local aesthetic and architectural vernacular, instead of simply copying European design," he says. Pieter also likes to introduce agricultural elements – for example a farm or 'shed' look – in urban spaces. This worked particularly well for the Kleus' house and was in keeping with the estate's strict rules and proximity to the Irene Dairy Farm. "I like the simplicity of the lines and the honesty behind these aesthetics," he continues.

As the family wanted a functional layout, passive design principles such as north-east facing bedrooms was the way to achieve this. "Janéne and Johan wanted a house that centred on the kitchen," says Pieter. The couple also asked for a visual connection between the TV room and the living room, so an

## AT A GLANCE

**THE ARCHITECT:** Pieter Mathews (pictured).

**THE CLIENTS:** Janéne and Johan Kleu, their children, Anrich, 7, Lisa, 6, and Wian, 4, and their Boston Terrier, Coco.

**THE BRIEF:** A modern home for a young family with small children. The design had to be functional, with no wasted space.

**THE HOUSE:** A double-storey four-bedroom house with an open-plan living area that opens up to the garden.







ON THE WEB  
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gardenandhome.co.za and  
click on Architects' Plans to  
download the plan.

open-plan layout was best. "My aim was to keep it simple so the design won't date," comments Pieter, who also planned certain spaces around the Kleus' existing furniture.

The newly built house features facebrick with plaster and aluminium. "The benefit of Pieter's design and choice of materials is that this house is cool in summer and warm in winter," explains Johan. "We also wanted our house to be as eco-friendly as possible and Pieter advised us on where to spend our money to make the most impact. We have a grey water system, gas and solar heating; we also insulated the floor and put in a slow-combustion fireplace," adds Johan.

The family wanted to be able to see the garden at all times, which is why Pieter opted for a glass front door and glass sliding doors all round. These were also much less expensive than stacking sliding doors, but still give the feeling of space, as the plants in the garden become exterior focal points. "I grew up on a farm in the Blyde River Canyon in Limpopo, so I wanted a home that's close to nature with a farm setting, and this home provides all this," says Janéne. **GN**

**SOURCE** Mathews & Associates Architects 0861 116 222 or maaa.co.za



what's hot

# Urban *chic*

It's all about raw materials,  
lofty lighting and simple yet  
edgy style



1. Vibrato **pendant light**, R910, Eurolux. 2. Metro **pendant light**, R1 999,95, The Lighting Warehouse. 3. Epping **chair**, R4 250, SHF. 4. Kerry **bookshelf**, R9 995, Block & Chisel. 5. Industrial 10-drawer **cabinet**, R9 995, Weylandts. 6. Wire **table lamp**, R789, Superbalist.com. 7. Red brick vinyl **wallpaper**, R650/roll (excl. delivery), Wall Couture. 8. Rebel Walls Battered Wall **wallpaper**, POR, St Leger & Viney. 9. Wood and iron adjustable **bar stool** with footrest, R1 450, Vintage Vista. 10. Set of three numbered **boxes**, R995, Vintage Vista. 11. Ningbo **coffee table**, R7 495, Weylandts. 12. Aluminium **coat hook**, R195, La Grange Interiors. GH

**SOURCES** Block & Chisel [blockandchisel.co.za](http://blockandchisel.co.za) Eurolux [eurolux.co.za](http://eurolux.co.za) La Grange Interiors [lagrangeinteriors.co.za](http://lagrangeinteriors.co.za) SHF [shf.co.za](http://shf.co.za) St Leger & Viney [stleger.co.za](http://stleger.co.za) Superbalist.com [superbalist.com](http://superbalist.com) The Lighting Warehouse [lightingwarehouse.co.za](http://lightingwarehouse.co.za) Vintage Vista [vintagevista.co.za](http://vintagevista.co.za) Wall Couture [wallcouture.co.za](http://wallcouture.co.za) Weylandts [weylandts.co.za](http://weylandts.co.za)



## A TOUCH OF

# Personality

The Vivid Expression colour theme from the Plascon 2015 Colour Forecast tells a lively story of bold focal features that allow you to express your unique personality

A few geometric markings can add a sense of style and sophistication to any room – it's enough to lift your mood. Playful elements like these are easy to do, just choose a colour that enhances the furnishings. In this living room the wall was painted with Plascon Cashmere tinted to a soft light grey called Off Shore. The geometric blocks were also painted in Cashmere tinted to Sapphire blue.

SAPPHIRE IS A BEAUTIFUL BRIGHT BLUE THAT HAS INSPIRING, INVIGORATING AS WELL AS CALMING QUALITIES

*Anne Roselt-*  
Plascon Colour Manager

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OFF SHORE  
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B7-A1-1



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Y4-A1-3



For more information, see the Plascon 2015 Colour Forecast brochure available at your retailer or visit [plascon.co.za](http://plascon.co.za), call 0860 20 40 60 or connect with Plascon on Facebook: PlasconSA and Twitter: @Plascon





inspirations

# HEART OF THE *home*

Set the scene for a French country kitchen by introducing rustic elements and collectables





## GET THE LOOK

**Nelia de Wet, an interior designer and owner of vintage decor shop Gister in Somerset West, says, "I love the Japanese term wabi-sabi, meaning beauty is in imperfection." Here are her tips for creating this romantic style.**

- I hardly ever buy new furniture or accessories, and collect antique and vintage pieces instead. The countertops in my kitchen (pictured) were made from old scaffolding and the marble slabs are second-hand.
- Use a raw brick wall to add a rustic mood.
- Weathered wooden objects such as chopping blocks or bowls give a room a lot of character.
- Use your linen napkins and tablecloths on a daily basis; don't save them for special occasions. Everything in your kitchen should be able to be used. 🍴

Add a glamorous element with the Baroque **mirror**, R1 600, from Mr Price Home.

Bring in some dainty pastoral texture with an antique lace **tablecloth**, R250, from Gister.

Light up the kitchen with a classic **pendant**, R425, from Eagle Lighting.

Cover the floor with luxurious **vinyl tiles**. Davenport in Macadamia Nut, R398/m<sup>2</sup>, Belgotex Floors.

Stay organised with this **cutlery tray**, R220, from Gister.

Add practical character with this round wooden **chopping board**, R350, from Woolworths.

A wooden island is the heart of a French-inspired kitchen. Percy counter **table**, R24 995, Loft Living.

Cook up a storm with a state-of-the-art five-burner multifunction gas **stove**, R10 999, from Defy.

Store your odds and ends in an **enamel canister**, R250, from Gister, to extend the farmhouse feel.

Get back to basics. Granite **pestle and mortar**, R275, Woolworths.

**SOURCES** Belgotex Floors [belgotexfloors.co.za](http://belgotexfloors.co.za) Defy [defy.co.za](http://defy.co.za) Eagle Lighting [eaglelighting.co.za](http://eaglelighting.co.za) Gister 021 852 4827  
Loft Living [loftliving.co.za](http://loftliving.co.za) Mr Price Home [mrphome.com](http://mrphome.com) Woolworths [woolworths.co.za](http://woolworths.co.za)



cape period home

# MADE *with love*

An easy sense of sophistication resides at the centre of Doreen de Waal's period home in Cape Town's City Bowl



At the back of the house is a much-used alfresco dining area and **pool**, watched over here by Sophi the boxer.





### Who lives here

Owner of In Awe Stays, Doreen de Waal, her husband, Meyer, and their two daughters, Jade and Olivia, as well as an assortment of pets. Their eldest child, Uno, lives in Jo'burg.

### The house

A three-bedroom home in Tamboerskloof, designed by Sir Herbert Baker, that has undergone multiple renovations over the years. ▷

A sunken **alfresco dining area** with a pizza oven and vine-covered gazebo is where the family spends most of their time.





Stylist and design consultant Doreen de Waal and her husband, Meyer, have lived in and lovingly restored their historic villa in the heart of Cape Town's City Bowl for several decades. The family residence with its generous grounds is a homestead dating to the late 1800s. It was originally the rectory for the Anglican Church next door and was designed by legendary architect Sir Herbert Baker.

Despite owning the home for decades, Doreen still has the excited incredulity of someone who can't quite believe her luck. "The more I live here, the more I realise what a gem it is," she says. "It was way out of our price range, but I had to have it."

Over the years it has undergone renovations, tweaks and extensions, but its basic footprint and architectural

**THIS PAGE, CLOCKWISE FROM TOP LEFT:** ● The head sculpture in the **entrance hallway** was a gift from a friend. Not big on collecting, Doreen does admit to having a passion for hand carved walking sticks. ● An enclosed **veranda** leads off the TV room. A Malawian chair has been painted red and informs the rest of the colour scheme here. ● In the **dining room**, the walls are finished in chalkboard paint and provide a canvas for the family and their visitors to doodle on and leave messages.



The large **kitchen** is informal and designed for cooking and socialising. The wooden lights are by South African creative Porky Hefer.







integrity have remained constant. “As well as fixing it up aesthetically, we expanded certain areas to enhance our enjoyment of the house, like widening doors and windows and building an enclosed veranda.”

Reconciling an idiosyncratic style with a grand historic home can be challenging, but Doreen’s background as a stylist on decor magazines means she knows how to do eclectic. Fun touches, like a lime-green tiled bathroom, bring this historic home into the contemporary realm.

Countering the quirk is an organic vein, inspired by Doreen’s childhood in the Free State – a white base and warm wooden floors complement the cosy sheepskins and mohair, handmade sculptures in clay and wire, and objects found in the veld, the most striking of which is a thorny branch that has been hung as one would a piece of art. “It reminds me so strongly of my roots,” says Doreen.

The house also has classic touches, like the Irma Stern print on the fireplace mantle in the TV room, and a sofa in the study covered in a neat pinstripe slipcover.

Of all the spaces in the house that feel like sanctuaries to Doreen, the bedroom is the most cocooning, as well as a bathroom that opens up onto the outside. “When my mother died, she left me a few pennies with the stipulation that I do something that gives me joy every day,” recalls Doreen. “So we built this bathroom and made it really special.”



Natural light plays an essential part in the experience of this home. “Shutters are wonderful things,” she says. “The house is cosy and enveloping when they’re closed, but my favourite part of the morning is going through each room, throwing them open and relishing that sensation of the sun coming in.”

The outdoor area with pool and vine-covered gazebo is like having an extra room and is the heart of the large, lush garden that comprises plants, trees, water features and bountiful vegetable boxes.

“The magic of this house, to me,” muses Doreen, “is the strong sense of the people living here. I love how it accommodates us and the way we like to live.” ▸

**THIS PAGE, LEFT TO RIGHT:** ● Wishbone chairs surround the kitchen table. On the wall, a plastic magazine holder is used to display an ever-changing gallery of photographic prints. ● The storage cupboards in the study are Doreen’s design, inspired by the iconic beach huts on Cape Town’s Muizenberg beach. The vintage-style light bulbs are from Hoi P’loy.



The **reading room** is one of Doreen's favourite spots. Mohair, linen, sheepskin, white-painted African stools and untreated, sanded floorboards have a fresh, layered appeal.

*spring wind*







**THIS PAGE, CLOCKWISE FROM TOP LEFT:** ● Doreen's spa-like bathroom was designed in memory of her mother. ● Jade's colourful bathroom is almost entirely clad in lime-green glass mosaic tiles. ● In Jade's bedroom, the wrought-iron headboard is an eye-catching piece and was found locally.

## Get the look

Create this urban country-style kitchen with these great buys **GEH**



Monte **cabinet**,  
R29 995, Weylandts.



Apple on **canvas**,  
R800, Red Man  
Art & Imagery.



Baleka butcher **trolley** with slatted  
shelf, from R9 275, Homewood.



Wishbone **chair** in natural  
oak, R1 499, @home.



Medium Iringa auburn **basket**,  
R495, Weylandts.



Hand-painted salad **bowls**, from  
R695, Pezula Interiors.



Industrial Jacaranda  
**pendant**, R832,20,  
David Krynauw.



**SOURCES** @home [home.co.za](http://home.co.za) David Krynauw [davidkrynauw.com](http://davidkrynauw.com) Hoi P'loy [hoiploy.com](http://hoiploy.com) Homewood [homewood.co.za](http://homewood.co.za) In Awe Stays [inawestays.co.za](http://inawestays.co.za) Pezula Interiors [pezulainteriors.co.za](http://pezulainteriors.co.za) Porky Hefer Design [animal-farm.co.za](http://animal-farm.co.za) Red Man Art & Imagery [redman.co.za](http://redman.co.za) Weylandts [weylandts.co.za](http://weylandts.co.za)

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# Classic Floor

## The Woodoc Way



**Clear Matt Woodoc Water-Borne FLOOR** was used to seal and protect this ageless yellowwood floor.

Low odour on application as well as clean-up of brushes with water, this tough and durable floor sealer is so easy to use.





relaxed cape home

# TAKING IT *easy*

When they moved to a new city, this adventurous couple wanted a home that would be both welcoming and relaxed.

They got just that

The large **dining room** table from Tables to Order comfortably seats eight guests, perfect for Denise McCallum's famous dinner parties.



Denise's love of colour is evident in these paintings by Margot McClure in the **living area**.



### Who lives here

Denise and Ray McCallum, who run their own company.



### The house

A newly built three-bedroom, three-bathroom single-storey house with an open-plan dining and living area plus kitchen. >





**H**aving built over 16 houses, Denise and Ray McCallum are experts in creating dream homes. However, this doesn't mean that any project is less nerve wracking than the last, especially when your home-to-be is in an entirely new city. "We had been contemplating moving to the Cape for some time and, having lived on golf courses for many years, decided to look for an estate that offered something else. We had heard and read about Val de Vie Estate in the Franschhoek Valley, visited the area and decided this was it! It took three years to eventually get all our plans into place and we finally moved in March 2014," says Denise. "As stressful as it can be, building allowed us to create a home that's the perfect size and design for our relaxed lifestyle."

Once their house, designed by E Design Studio, was complete, the couple enlisted the expertise of their friend, interior decorator Di Grobler of Diane Grobler Interiors. "I met Di in 1993 when she assisted me in decorating our apartment in Umhlanga, and since then she has helped to decorate all our homes. Di is based in KwaZulu-Natal, but I feel comfortable with her," explains Denise. ▸

**FROM LEFT TO RIGHT:** ● The narrow **pyjama lounge** feels spacious thanks to the pitched ceiling. ● A server from Interior Concepts subtly separates the formal **living room**. A fireplace by Hyper Lighting & Fires makes this the perfect spot to relax on chilly winter days.





"BUILDING ALLOWED US TO CREATE A HOME  
THAT'S THE PERFECT SIZE AND DESIGN FOR  
OUR RELAXED LIFESTYLE"







The open-plan layout of the **dining area** allows the couple to interact with their guests even while in the kitchen. The stools are from Weylands and the ceiling lights from Con Amore Home.





“As we know each other so well, it was easy and fun to decorate this home. Denise and Ray aren’t afraid to just say ‘yes, let’s do it’ and this inspired me when selecting fabrics and furniture,” says Di. “They wanted a relaxed, clean and contemporary style, so I kept to neutral tones and introduced colour in the accessories and art.”

Denise also wanted lots of cupboard space to house her enviable shoe collection, so they designed a glass-paned shoe cupboard at the entrance of the main bedroom. The architect added a dividing wall between the main bedroom and en suite to ensure privacy but also to allow for more cupboard space.

The living area of the home lends itself to entertaining. The open-plan kitchen flows into the dining room and formal sitting area. “Denise loves to cook and creates such wonderful table settings, so this always has to reflect in her home,” says Di. Her colourful collection of teapots and crockery are displayed like artworks in the kitchen. The architect also included a wine storage room.

The collaboration between Di and Denise seems to have been an effortless one. Did they face any challenges? “Nothing major,” laughs Di. “I did struggle to find the perfect finishing touch for the pyjama lounge and study.” The solution came in the form of an overscaled wallpaper mural by Rebel Walls from St Leger & Viney. This area is now Denise’s favourite spot to work and, most importantly, unwind. ▷



**ABOVE, LEFT TO RIGHT:** ● The wine label wallpaper in the wine storage room is by Norwall Wallcoverings at the Wallpaper Inn. ● Denise’s desk adjoins the pyjama lounge, allowing her to relax and keep up to date at the same time.





## Get the look

White items paired with bold wallpaper will help you recreate Denise's stylish study



Crown vessel,  
R999, Woolworths.



Desk with shelves,  
R6 790, LIM.



Solid wood desk lamp  
(incl. shade), R1 435, LIM.



Rebel Walls Garden of  
Dreams wallpaper,  
R963,30/m²,  
St Leger & Viney.



Eller large vase, R449,  
Country Road at Woolworths.



Protea scatter cushion,  
R180, Woolworths.



Replica Tulip office chair,  
R1 492, Chair Crazy.

**FROM TOP TO BOTTOM:** ● Bright yellow accents in the **main bedroom** are balanced by soothing natural fabrics from Home Fabrics. Concertina doors allow the couple to enjoy the view of their pool area. ● A rug from Hertex anchors the large **en suite bathroom** and adds a comfortable element to the room.

**SOURCES** Chair Crazy [chaircrazy.co.za](http://chaircrazy.co.za) Con Amore Home 031 562 1074 Diane Grobler Interiors 072 219 3432 or 031 261 4506 E Design Studio [edesignstudio.co.za](http://edesignstudio.co.za) Hertex [hertex.co.za](http://hertex.co.za) Home Fabrics [hf.co.za](http://hf.co.za) Hyper Lighting & Fires 021 981 4401 Interior Concepts 082 565 4500 LIM [lim.co.za](http://lim.co.za) St Leger & Viney [stleger.co.za](http://stleger.co.za) Tables to Order 021 762 8823 Wallpaper Inn [wallpaperinn.co.za](http://wallpaperinn.co.za) Weylandts [weylandts.co.za](http://weylandts.co.za) Woolworths [woolworths.co.za](http://woolworths.co.za)

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# Industrial **EDGE**

Texture, volume and bold details  
characterise this KZN home

Keith loves to swim and so this **pool** was designed for laps. "The teenagers love to jump in from the TV lounge, of course," says Schanè. The house consists of two separate pods linked by a walkway. The monopitched roofs allow plenty of light into the interiors.

## Who lives here

Interior designer and owner of O lá lá! Interiors, Schanè Anderson, her husband Keith, their son Grant, 16, and their Jack Russells, Tinkerbell and Fnoof. Their two older sons, Craig and Matthew, now have their own homes.



## The house

Built in two separate structures, one of which houses Grant's bedroom, a guest room and lounge, the house has an open-plan living area, study, main bedroom and veranda. The swimming pool is situated in a courtyard and links the two sections. ▷





The **open-plan kitchen and dining room** is a masterclass in mixing finishes – stainless steel countertops interact beautifully with a raw wood dining table while sleek black cabinetry sits comfortably beside weathered brick and concrete. ▷









“Some of my friends and family were taken aback when I said our new house would have black floors and ceilings,” recalls Schanè Anderson of her plans for the home she and her husband Keith built at Brettenwood Coastal Estate on the KZN North Coast just over a year ago. Schanè’s bold vision proved to be exactly right for the house, however – the black floors and ceilings anchor and emphasise the spacious interior and layers of texture, as well as being the ideal backdrop for the interesting, eclectic decor.

Schanè, an interior designer and owner of O lá lá! Interiors in Ballito, planned the industrial feel from the outset. “We worked with architect Mabette Vermaak and she persuaded us to stretch the dimensions to create a house that, although not enormous, has high ceilings and generous proportions to give it a sense of space. We made a great team and exchanged many late-night e-mails when we were feeling most creative,” recalls Schanè.

The roomy feel is enhanced by oversized glass doors which open up completely, allowing for outdoor living around the

**THIS PAGE, CLOCKWISE FROM TOP LEFT:** ● The living room is home to many special pieces. ● Tinkerbelle the Jack Russell relaxes in the living room. ● In the study an old tree root supports the desk. Above it is a series of Tom Dixon lights. Plywood shelving and exposed brick continue the industrial feel.





swimming pool in the more protected courtyard, or out on the veranda with its gorgeous views of a dam, a protected green belt area and the Indian Ocean.

“Keith and I have managed to merge our must-haves in this house. He loves to see the sea while as a child I was fascinated by tales of castles built of ancient stone nestled in the woods, and that’s the atmosphere I was aiming for,” she says of the exposed brickwork, off-shutter concrete and reclaimed wood details. “There was also a cost-saving element to this – not having to plaster and paint saved us a lot.” The garden has been planted with over 70 trees which, in time, will give it the forest feel Schanè dreamed of.

The decor works harmoniously with the architecture, but Schanè remarks that most of the furniture and accessories are items they’ve collected over the years. “I think that if you love something, it will always work,” she says. The textured materials, metallic finishes, leather and luxurious fabrics ▷

**THIS PAGE, CLOCKWISE FROM TOP LEFT:** ● The cabinetry and brass pendant lights add glamour to the industrial-looking kitchen. ● Instead of an ordinary series of photographs in the study, Schanè and Keith had these pop art portraits of each family member printed on canvas. ● “I’ve never had a dressing table before and I love the feminine touch it brings to the bathroom,” says Schanè. The floor-to-ceiling mirror she chose makes the small space seem much more generous.





GO ONLINE TO SEE MORE PICS  
OF THIS HOUSE

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add to the warm, layered feel. Schanè designed the cabinetry to be as practical and hardworking as it is good looking, with clever touches like desktops that lift up to reveal storage space and drawers that disguise plugs and wires. Part of Schanè's business is designing and manufacturing bespoke furniture, fittings and accessories so the couple was able to make exactly what they wanted.

Schanè and Keith intend to live here for many years, so they designed the house to evolve with them. "Creating two separate pods gives Grant, who lives with us, his own space where he can entertain his friends and eventually, we may move to that portion of the house while he and his family live in the main house," they explain. **GH**

**THIS PAGE, ABOVE:** The side tables in the **main bedroom** have been cleverly designed to provide as much storage as possible and hide unsightly wires. The top of the table slides open to reveal plugs.

**OPPOSITE PAGE:** A freestanding bath and cluster of pendant lights take centre stage in the **main bathroom**.

*Get the look*  
Choose striking pendant lighting with an edge to get the look of this house

Cocoon hanging lamp, R895, Weylandts.



Conical white and gold metal pendant, R763, K. Light Import.



Sphere chandelier, R3 990, K. Light Import.



Pendant shade with wood detail, R860, Lightco.



Pendant tapered ashwood shade, R5 990, Lightco.



Tiered polished brass pendant, R595, Weylandts.



Tapered cylinder in amber, R949,95, The Lighting Warehouse.



**SOURCES** K. Light Import [klight.co.za](http://klight.co.za) Lightco [store.lightco.co.za](http://store.lightco.co.za) Mabette Vermaak Architects [detailarch@mweb.co.za](mailto:detailarch@mweb.co.za) O lá lá! Interiors [olalainteriors.com](http://olalainteriors.com) or 032 946 0641 The Lighting Warehouse [lightingwarehouse.co.za](http://lightingwarehouse.co.za) Weylandts [weylandts.co.za](http://weylandts.co.za)



**mixing** old and new

# AN *unexpected* TWIST

Incorporating family heirlooms into modern interiors or placing contemporary accessories in a vintage home adds a unique character. Here are some ways to go about it



1





1 A perfect example of mixing old and new, this traditional sideboard was given an up to date pastel paint finish and now displays a collection of contemporary art and accessories casually propped against the wall. Note how the trendy charcoal wall makes the arrangement pop.

2 “These chairs were my first real furniture buys. They’re timeless classics and 20 years later I still love them,” says interior designer Tanja Beyers, of Profurn Contracts, who regularly updates them with on-trend fabrics like this ikat from Mavromac. “If they were covered in a more traditional fabric they wouldn’t look nearly as interesting,” she explains.

3 The modern art and furniture clash beautifully with the traditional features of this century-old Durban home. Strangely enough, the obvious contrast emphasises the characteristics of both. Design by Kirsten Goss.

4 Introducing classic pieces like a leather wingback, the silver trophies and romantic fruit bowl ornament on the server soften the lines of a predominantly modern living room and are a clever way to combine different tastes. The coffee table and server are from Hartmann & Keppler Interiors. ▷





5 While refurbishing one of the suites at the Four Seasons Hotel The Westcliff, interior designer Ockert Dixon of Jacket Interiors played on an old-meets-new theme by updating the traditional headboard with a vinyl fabric, Apollo by Romo, and adding simple metal studs for impact. Also giving the bedroom a now look are hand-beaded saffron linen scatters and an ottoman in Zebra fabric from Mavromac. In keeping with the theme, Ockert added white-painted beading similar to that in older homes to the walls. "Beading on its own, without the actual panels, has a very contemporary feel," he says.







6

6 A very trendy way of updating a room is to introduce a stunning contemporary light fitting. In this dining room a glass chain link pendant light from K. Light Imports adds a sense of modern drama to the classic furniture from Hartmann & Keppler Interiors.

7 A clean modern shell like this Johannesburg apartment with its white screeded floors is the perfect foil for an opulent piece like this gilded mirror. Decor by Lesley Donel-Douglas.

8 An armoire and a weathered table make an ideal backdrop for a striking Willowlamp pendant in this entrance hall designed by Tiggs Crozet of Indigo Interior Design. CEH

**SOURCES** Four Seasons Hotel The Westcliff  
[fourseasons.com/johannesburg](http://fourseasons.com/johannesburg) Hartmann & Keppler Interiors  
[hartmann.co.za](http://hartmann.co.za) Indigo Interior Design [tiggsCrozet.com](http://tiggsCrozet.com)  
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7



8



# IT'S A *throw* DOWN!

A cosy throw is the ultimate accessory this winter. Here are some of the best



1



2



3



4



5



6



7



8



9

1. Jazz throw in dusty blue, 130cm x 165cm, R445, Linen House.
2. Cable knit throws in cream and teal, 130cm x 150cm, R882 each, The Gatehouse.
3. Red throw, 150cm x 200cm, R279,95, Boardmans.
4. Abstract jacquard throw, 140cm x 180cm, R199,99, Mr Price Home.
5. Velvet quilted sherpa in mauve, 150cm x 200cm, R649, @home.
6. Karoo throw, Ocean, 130cm x 180cm, R840, Hertext.
7. Plush tassel throw, 200cm x 200cm, R350, Woolworths.
8. Striped knit throw in yellow and natural, 125cm x 150cm, R995, Weylandts.
9. Mystique dawn blanket throw, 150cm x 165cm, R395, Coricraft. **GH**

**SOURCES** @home [home.co.za](http://home.co.za) Boardmans [boardmans.co.za](http://boardmans.co.za) Coricraft [coricraft.co.za](http://coricraft.co.za) Hertext [hertext.co.za](http://hertext.co.za) Linen House [linenhouse.co.za](http://linenhouse.co.za) Mr Price Home [mrphome.com](http://mrphome.com) The Gatehouse [thegatehouse.co.za](http://thegatehouse.co.za) Weylandts [weylandts.co.za](http://weylandts.co.za) Woolworths [woolworths.co.za](http://woolworths.co.za)



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displaying collectables

# *Style by* NUMBERS

Your collectables make your home uniquely you. Here curator and interior decorator Dylan Thomaz shows you how to display them

1





## 1. Layered luxury

Coffee tables are often strewn with magazines, remotes and other odds and ends. However, curating a stylish coffee table is simple if you remember to keep things functional yet aesthetically pleasing. When planning the layout of this coffee table, Dylan mentally divided the space into three. He then proceeded to use objects with different heights in each third of the table. There are functional pieces, like the woven tray to corral remotes and other paraphernalia, while vases in similar colourways, glass beads and ceramic artworks please the eye. Dylan added a vintage chessboard and a stack of bold coffee table books.

## 2. Depth of field

Usually the focal point in a living room, a mantelpiece is a great place to display groups of collectables. For added cohesion, always stick to one look – here Dylan chose a mid-century African theme. The trick when decorating a mantelpiece is to create depth, therefore preventing the items displayed from looking one dimensional. Dylan did this by placing shorter items in front of larger pieces and grouping similar objects together. He also played with different textures like clay, glass, paper and grass for added interest. This is a great idea if you have lots of small collectables that need to be displayed together to make a whole.



## 3. Three's company

For this sideboard, Dylan again adopted the rule of thirds. He began by layering artworks from biggest to smallest against the wall to form an interesting tableau. This also creates texture, especially when using contrasting frames like these. He then grouped vases and vessels in front, from tallest to shortest. ▷

### *Trade secrets from Dylan Thomaz*

- Have a plan. Mentally envision what you want to do before you get going. This makes the process a lot easier.
- Colour theming the books on your bookshelves from lightest to darkest is easy to do and looks chic.
- Apply the rule of thirds when accessorising a mantelpiece or sideboard. Items don't always have to be perfectly balanced.
- Use this checklist when accessorising your coffee table: something tall, something green, one wild card object and a stack of coffee table books.
- Vary the width and height of objects to prevent the display from looking bulky. You don't have to stand items up straight – hang some, prop them against a wall or stack them.





#### 4. Styled not stirred

Add some instant glamour to a room with a drinks trolley. Think about what you enjoy serving and accessorise accordingly. Begin with the top level and add beautiful glass decanters with your own personal selection of drinks. For variation, add liquids in another colour. A bowl of fresh fruit is not only visually appealing but the contents can be used as garnish. Finally, add a bold leaf like this oversized delicious monster. On the second level of your trolley, place a selection of your best glasses arranged in neat rows. A great way to do this is to place them in textured trays. Finally add any other bar accessories like a shaker or tot pourer. If you don't have a trolley then a small console table works just as well. **GH**

**SOURCE** Studio Dylan Thomaz  
dylanthomaz.com







THE TOULOUSE KITCHEN ISLAND  
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# EASY UPDATES

20 ways to brighten tired  
rooms this winter



**1** Create a focal point with a series of floating shelves. Interior decorator Nthabi Taukobong from Ditau Interiors used these to display woven baskets and interesting accessories. Photographed at Steyn City.



**2**

Use an overscaled mirror to lighten a dark room. For a more casual look, just prop it against the wall as decorator Liza Scholtz did here. Photographed at Steyn City.



**3** Use leftover wallpaper to line the back of shelves or paint it your favourite colour. Decor by Interplan Interiors.

**4**

Introduce a new lamp to your living room. Epoxy-coated Arc floor lamp in copper black (left), R3 530, LIM. Bardot table lamp with shade (right), R1 895, Block & Chisel.



**5**

Rearrange the items on your mantelpiece.



**6** Paint or wallpaper your bedroom wall in a dark, moody shade. You'll be surprised how the bed stands out. Swap the bedside lamp for two pendant lights. Decor by Jonathan Avnon of Joseph Avnon Interiors. Photographed at Steyn City.



**7**

Update cabinets and cupboards by replacing the handles with modern versions. Rounded cabinet **handle** in brushed satin nickel (top), from R75, Handles Inc. Rectangular chrome **knob** (middle), R12,99, Gelmar. Diamond cut glass **knob** (bottom), R32,99, Gelmar.



**8**

Embrace the rug layering trend and give your existing rugs a whole new look.



**9**

Reframe family photographs in identical frames and hang in the entrance hall.



**10**

Define your sitting area with a trendy rug. Jute wool Berber **rug** in Trelis design (left), R2 800/m<sup>2</sup>, and green geometric dhurrie **rug** (right), R2 000/m<sup>2</sup>, both from Gonsenhausers Fine Rugs. ▷







**11** Instead of one large coffee table, shake things up by using a grouping of smaller ones or stools. Decor by Manuela Candido Interiors.

**12**

Buy new dish towels for the kitchen in a daring colour or pattern. Stig **tea towel** in Brazil green, R130, Skinny laMinx.



**13** Patterned tiles are all the rage. The easy way to introduce this trend is with Suzy Amoils Moroccan **Tile wallpaper**, R584/m<sup>2</sup>, from Robin Sprong Wallpaper. If you use it as a splashback, protect it with a sheet of glass.

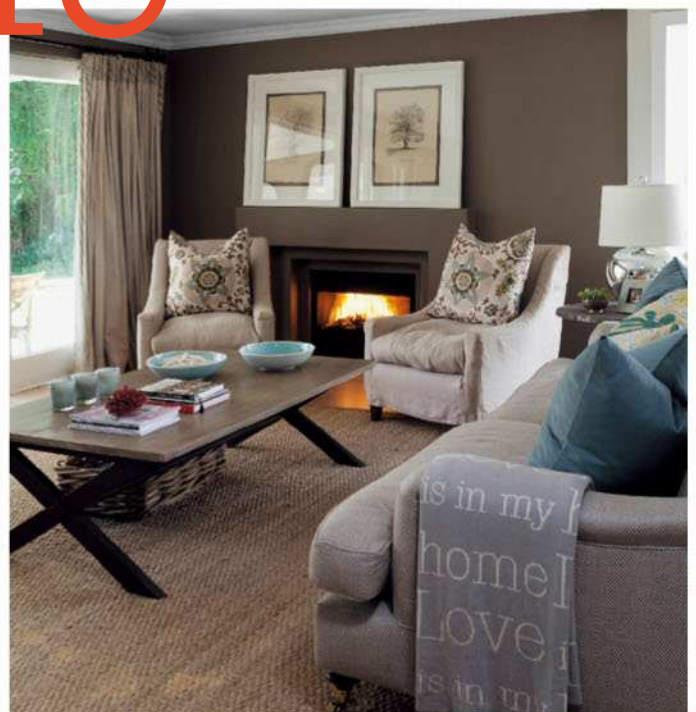


**14**

It's trendy to combine old and new (see page 54) so give new life to a traditional room by introducing a mod side table. Teak **side table** (left), R3 250, Vintage Vista. Tombo **side table** (right), R3 400, La Grange Interiors.

**15**

Rearrange the furniture so the focus is on the fireplace. Decor by Indigo Interior Design.







**16** Make a feature of a bookshelf by including ornaments and accessories.



**17** Entertaining this winter? Set up a drinks station in an unused alcove on a floating cabinet or just a stylish table. Add to the display with matching table lamps. Decor by Fyfe Boyce Design.



**18** Include a stack of coffee table books in your tablescape; they make handy plinths for small ornaments. Decor by Orangecircle Concepts.



**19** Make plain curtains look luxurious without adding fussy detail by hanging a natural reed blind behind them. Decor by Tessa Proudfoot and Associates.

**20** Add a touch of animal print to a room. While it's never been out of fashion, it's now back with a vengeance. Decor by Suttie & Marais Designs. **GH**



**SOURCES** Block & Chisel [blockandchisel.co.za](http://blockandchisel.co.za) Ditau Interiors 011 702 8310 Fyfe Boyce Design [fyfeboyce.co.za](http://fyfeboyce.co.za) Gelmar [gelmar.co.za](http://gelmar.co.za) Gonsenhausers Fine Rugs [finerugs.co.za](http://finerugs.co.za) Handles Inc. [handlesinc.co.za](http://handlesinc.co.za) Indigo Interior Design [tiggscoznet.com](http://tiggscoznet.com) Interplan Interiors 082 330 8478 Joseph Avnon Interiors [josephavnoninteriors.com](http://josephavnoninteriors.com) La Grange Interiors [lagrangeinteriors.co.za](http://lagrangeinteriors.co.za) LIM [lim.co.za](http://lim.co.za) Liza Scholtz 082 498 9094 Manuela Candido Interiors [candido.co.za](http://candido.co.za) Orangecircle Concepts 082 490 2138 Robin Sprong Wallpaper [robinsprong.com](http://robinsprong.com) Skinny laMinx [skinnylaminx.com](http://skinnylaminx.com) Steyn City [steyncity.co.za](http://steyncity.co.za) Suttie & Marais Designs [sutmar@mweb.co.za](mailto:sutmar@mweb.co.za) Tessa Proudfoot and Associates [tessaproudfoot.co.za](http://tessaproudfoot.co.za) Vintage Vista [vintagevista.co.za](http://vintagevista.co.za)



entertaining in the kitchen

# COME FOR *dinner*

At this time of the year, there's nothing nicer than having friends over for a casual meal. Make your kitchen more entertaining friendly with these clever ideas

## WELL FURNISHED

In an open-plan area carry the sophisticated look of the living room through to the kitchen. Here, upholstered bar stools provide a comfortable place to sit around the island while oversized pendant lights and a countertop by Granite Innovations add glamour. "Make sure there's enough space for guests to circulate around the island," advises Cheryl Herweg of Changing Spaces, who designed this kitchen, "and position the washing up area far away from the guests."





## ARTFUL MOVE

Create a focal point with a display of accessories so that there's something attractive for guests to look at rather than cabinets and appliances. Decor by Sprout Design, kitchen by Leisure Kitchens.



## DRINKS ARE SERVED

Keep wines close at hand with a cabinet like this one made by Benton Furniture that holds wine bottles on wooden shelves suspended by steel cables.

## At the table



Plantation oak dining table, R13 595, SHF.



Wrigley dining table, R9 995, Block & Chisel.

## CENTRE OF ATTENTION

Keep the cook part of the action with an island or a counter that lets them interact with guests. This one in Karen and Tim Stewart's Durban home forms an extension of the dining table. The slightly lower level of the table means chairs, rather than stools, can be used. Playing an essential role is the extractor which removes cooking smells, steam and smoke so that guests and hosts can relax and enjoy the food. ▸



Bristol round table, from R3 490, Pezula Interiors.





## *Pull up a chair*

Monroe chair, R1 695,  
Block & Chisel.



Red café chair E27,  
R1 300, Red Apple.



Jacky dining chair,  
R6 995, Weylandts.



Black café chair F87,  
R1 600, Red Apple.



## SETTING UP

Make setting places a breeze by storing cutlery and crockery in drawers near the dining surface. Kitchen by Cheryl Herweg of Changing Spaces.

## EVERYTHING IN ITS PLACE

Integrated appliances are less obtrusive and don't detract from the slick style of a kitchen so the focus can be on the dining area. Architecture by Louise O Architects.

## THE RIGHT ANGLE

It's a simple idea but very effective. Place the dining table at right angles to the counter or island so that guests don't have to face the cooking equipment. Architecture by Derick Britz of Studios Architects, kitchen by Acube Design. >







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## Standing tall



Atlega kiaat bar stool,  
R1 425, Homewood.

Replica Eiffel bar stool K93,  
R1 800, Red Apple.



Hilton + arms bar stool,  
R4 180 (excl. fabric),  
Woodbender.




Ohio bar chair, R899,99,  
Mr Price Home.



## LIGHT WORK

Demarcate the dining area with a stylish pendant. Place the lights on different circuits so you can switch off the bright lights over the cooking area and just keep the pendant on. Put this on a dimmer so you can make it brighter when working at the table and lower it when dining. Decor by Hartmann & Keppler Interiors.

## COUNTER MEASURES

Choose easy-to-clean surfaces that are both slick and hardwearing. To encourage chatting around the island choose a countertop that's not cold to the touch. Another clever idea is to create an overhang which makes dining at the counter more comfortable. Kitchen by Union 3. 

**SOURCES** Acube Design [acubedesign.co.za](http://acubedesign.co.za) Benton Furniture [bentonfurniture.co.za](http://bentonfurniture.co.za) Block & Chisel [blockandchisel.co.za](http://blockandchisel.co.za)  
Changing Spaces [changingspaces.co.za](http://changingspaces.co.za) Granite Innovations 021 556 8405 Hartmann & Keppler Interiors [hartmann.co.za](http://hartmann.co.za)  
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**stylish** arrangements

# *Art* OF THE *matter*

When it comes to showing off your one-of-a-kind pictures and collectables, how you display them is just as important as what you're displaying





## ► MIRROR, MIRROR ON THE WALL...

On this stairwell, Picture Hanging Services designed a collage with mirrors placed in steps to mimic the stairs. An oval-shaped mirror at the top echoes the curved ceiling.

## ▼ INSIDE OUT

When grouping a collection of pictures together, start with one dominant piece in the middle and work your way out.

Frames don't have to match, but don't space pieces too far apart or you'll lose the cohesion. Decor by Tanja Beyers of Profurn Contracts. ▸



## GET THE MOST FROM YOUR PICTURES

**Professional picture hanger Brett Deacon of Picture Hanging Services shares his tips:**

- When making a collage, first visualise the result you want to achieve. Try it out on paper or by using paper templates.
- Exact and precise measurements make a big difference, so measure to the millimetre.
- Hang artwork using two hangers, D-rings or mirror plates on the back. This will prevent the work from becoming skew when dusted or bumped. It will also make it easier to clip your artwork on and off the wall.
- Consider the whole room, including furniture and other artworks, when positioning any new pieces, as they all have to relate not only to each other but also the space.
- Use a good quality wall tester/sensor before drilling into a wall. In modern homes there are many cables and pipes running behind the walls and hitting one can turn into an expensive nightmare!





### ▲ STEP UP TO THE PLATE

And who says you have to have professional artwork? Here designer Donald Nxumalo transformed a kitchen wall with a collection of hand-painted black and white plates.

### ◀ MIX AND MATCH

Andrew Draper and Corne Eksteen grouped these disparate artworks together against a dark wall, which allows the art to take centre stage.

Mixing the mediums and subject matter keeps the display interesting.



### ▲ EVERY PICTURE TELLS A STORY

"You can create special collections by combining works correctly," says Brett Deacon, who crafted this arrangement. Here, artworks by the same artist are displayed all the way up to the ceiling so they can be viewed from different angles.

When creating a cluster like this, Brett stresses that precise measurements are key to ensure balance and symmetry. "You may not get it right the first time, but persevere until it's perfect." **GH**

#### Jennifer Reynolds of State of the Art Gallery gives her tips on how to make your art feel at home:

- Integrate art through colour by echoing the shades in soft furnishings and objects.
- Themed collections of framed artworks, such as etchings, work well in dining rooms or a corridor.
- In an awkward space like a passage, hang artworks salon style. Think of the wall as a Pinterest board.
- Stairwells offer a natural gallery space and maintain the flow of art throughout.
- For a more informal approach, prop pictures on a shelf integrated with pieces of sculpture, ceramics or books.

#### SOURCES Donald Nxumalo

donald@dnxinteriordesign.co.za **Picture Hanging Services** picturehanging.co.za **Profurn Contracts** 011 234 1306 **State of the Art Gallery** stateoftheart-gallery.com



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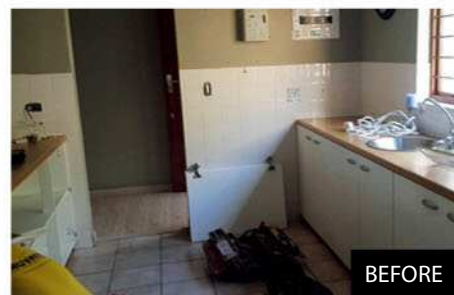
inspiring before and after

# Modern LIVING



As the drab kitchen in their Cape Town house just wasn't working, the Theunissens updated it cleverly reusing existing elements

A bland, cramped space, this kitchen was transformed into a bright and spacious open-plan area for the family to enjoy.







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DURING



DURING

**THIS PAGE, LEFT TO RIGHT:** ● The mosaic-tiled splashback adds a modern element and picks up the sea-foam green flecks in the engineered stone countertops. ● Elements like the refurbished island and the glazed cabinet doors make the kitchen warm and inviting.

“MY KITCHEN LOOKED dated and it was closed off from the rest of the house. Since the birth of our son, we’ve realised how important open-plan living is. I wanted an uncluttered, open kitchen visually connected to the living areas, so I’d be able to keep an eye on my son while busy in the kitchen,” says Linda Theunissen.

**HOW THIS SPACE WENT FROM DRAB TO FAB** “We began by knocking down the wall between the kitchen and living room to make the kitchen more spacious. To unify the two areas we extended the laminate flooring from the living area through to the kitchen and the scullery,” says Linda.

As the cabinet carcasses were still in good condition Anthony and Linda decided to keep them and just replace the doors. “They opted for a combination of solid white and glazed Shaker-style doors which were fitted by Johan Jooste,” says Philip Scheltens from The Renuvators, who worked on the project.

They replaced the old countertops with engineered stone from Sambo Granite. “We love how the specks of colour pick up the soft green of the backsplash. To keep the overall effect light and airy, we chose white tiles and soft grey paint,” says Linda.

To create the island, Anthony recycled Linda’s grandfather’s old Oregon pine workbench by shortening it, sanding it down and painting it white. “It now provides lots of extra storage space and ties in nicely with the rest of the kitchen. The bar stools, also hand-me-downs, were refurbished by Anthony as well,” says Linda.

**“NOW MY KITCHEN IS** a happy, bright, open space that I love cooking in! It’s amazing to be able to be busy in the kitchen, while watching my son and husband playing in the living area or even in the garden. It really has improved our quality of life.” **GH**

**SOURCES** Johan Jooste 083 658 4215 Sambo Granite 021 638 0531  
The Renuvators [therenuvators.co.za](http://therenuvators.co.za) or 076 686 1148





# TURNING the *tables*

Transform an old piano stool into a chic side table. Sacha Olivier shows you how



DIY in a day



## WHAT YOU'LL NEED

- Old piano stool
- Stanley knife
- Measuring tape
- MDF/chipboard/pine
- Wood glue, 40mm panel pins or screws
- Hammer
- Quarter round
- Handsaw
- Mitre saw or mitre box for handsaw
- 280- or 220-grit sandpaper
- Paint

## MAKING THE TABLE

1. Prepare the stool by removing any upholstery, springs, straps or other parts of the seat area with a Stanley knife. Cut off any bits that are raised above the seat, including leg caps, to ensure a level surface for the top.
2. Measure the sides of the stool and cut, or have cut, a piece of MDF, pine or chipboard a little larger to create a slight overhang.
3. Fix the top to the stool by gluing, screwing or nailing.
4. To create the rounded edge, measure the sides of the top and cut the quarter round to the correct lengths with a mitre saw or handsaw using a mitre box. Glue or nail the quarter round along each side. If necessary, sand the edges slightly to blend smoothly.
5. Paint with Annie Sloan Chalk Paint or other paint of your choice. To achieve the paint effect pictured, use a lighter shade (I used Original) for the first coat, and a darker shade (Paris Grey) on top. Once the paint is dry, sand lightly to expose the first coat. **GH**

**SOURCE** Once Upon a Time

sachajo@gmail.com or 084 330 2121





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Chivonne mini cnr



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From: R5995 (fabric), R10,995 (leather)  
Size from: 215x100x85

Caribbean cnr



From: R10,995 (fabric)  
Size from: 300x150x80

Shé



From: R7595 (fabric), R12,995 (leather)  
Size from: 205x85x90

Winchester



From: R10,595 (fabric), R17,995 (leather)  
Size from: 135x105x75

Caribbean



From: R4995 (fabric)  
Size from: 170x90x80

Elegant Dining Table



Price: R11,995 (Solid Oak top)  
Size: 240x100

Bentley Dining



Price: R2195 (fabric),  
R3495 (leather)

Crossback Dining



Price: R895  
natural, white, grey

Branson Dining



Price: R1895

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Price: R10,995 (Solid Oak)  
Size: 200x100x76

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# ACTING *naturally*

Use stone tiles and cladding on a contemporary veranda to create a rustic contrast to sleek furnishings



Terra rust **cladding**  
600 x 200mm, R1 099 m<sup>2</sup>, Italtile.



Linya three-seater **sofa** in white outdoor vinyl, R 19 999, Mobelli Outdoor Furniture.


Hurricane Concave, Smoke **candleholders**, small, R1 499, large, R 2 995, La Grange Interiors.





## USING CLADDING

**Kuba Granicki of Architects of Justice who designed this terrace shares his tips on using stone cladding:**

- There are two ways to do it, with actual stones and experienced stonemasons or with a ready-to-use cladding. But be aware that stone is natural and has imperfections.
- If you're using real stone, choose local rock to reduce the transport costs, plus it will look more at home in your environment.
- Cladding stone can differ in thickness from 50mm to 200mm whereas stone tiles can be as thin as 20mm. Decide what cladding type you'll be using early on so that corners and thresholds can be built accordingly.
- Stone tiles are ideal for floors in outdoor areas as they are extremely durable and can handle any weather conditions. 




UV Pro Flat Out **fabric**, design Early, colour Sangria, R964/m, Home Fabrics.




UV Pro Flat Out **fabric**, design Era, colour Canyon, R816/m, Home Fabrics.


Darren **coffee table**, R12 995, Weylandts.



Primary blanket **throw** in Brinjal, from R1 147, Mungo.



Wooden teak **bowl**, R1 595, La Grange Interiors.



Xanadu outdoor three-seater **sofa** in Taupe with aluminium frame and taupe sling, R10 499 (excl. cushions), Mobelli Outdoor Furniture.

**SOURCES** Architects of Justice (AOJ) 011 974 9584, kuba@architectsofjustice.com or architectsofjustice.com Home Fabrics hf.co.za Italtile italtile.co.za La Grange Interiors lagrangeinteriors.co.za or 011 444 5379 Mobelli Outdoor Furniture mobelli.co.za Mungo mungo.co.za The Gatehouse at Mavromac thegatehouse.co.za Weylandts weylandts.co.za



# Looking UP

High walls and a sloping property provided landscaper Karen Gardelli with an opportunity to create walls of colour and a splashing waterfall

“Colour, colour and more colour,” was Rahle and Steve Lurie’s request to landscaper Karen Gardelli at their first meeting about their Sandhurst garden. “I always dreamt of having a beautiful, colourful, lush garden

so we could spend time in it and entertain,” reveals Rahle. A waterfall was also on their wish list after a trip to a spa in Karkloof, where they found the constant sound of water calming.

Before this dream could become a reality, some very real problems needed to be addressed. There were extremely high boundary walls, a significant slope banked up against these walls and clay soil, all of which were causing considerable drainage

problems. “The plants growing on the slope, mainly strelitzia and cocos palms, weren’t thriving and trying very hard to remain in the ground at a crazy angle,” explains Karen. These plants were also starting to crack the boundary walls and so were the first to be removed.

Then Karen and her team built raised planting boxes around the entire property, which they filled with fresh topsoil and compost mix – solving the problem of the slope, the forbidding height of the boundary walls and the clay soil. French drains were installed to help with the drainage and other soil additives were used to aerate the clay soil, including fine bark and peanut shells. ▸





## Who lives here

Rahle and Steven Lurie.

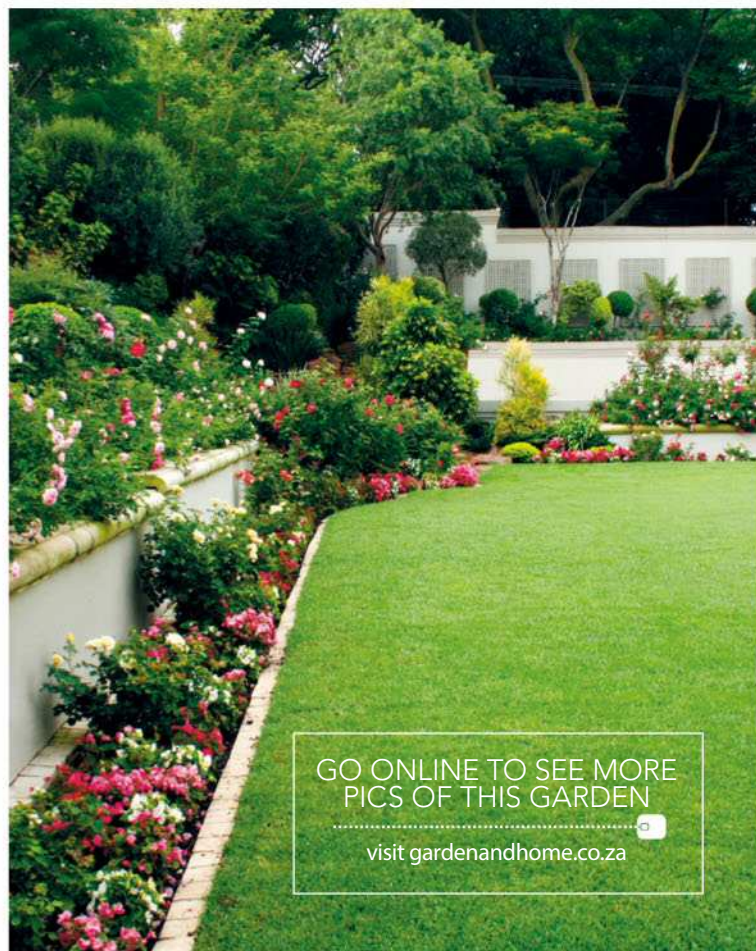
## The garden

A 1 200m<sup>2</sup> garden in Sandhurst, Jo'burg bordered by planting boxes filled with colourful roses, shrubs and perennials.



**THIS SPREAD, CLOCKWISE FROM LEFT:** ● A stepping stone pathway leads through a forested area, connecting the main section to the back garden. ● A waterfall surrounded by lush plantings of tree ferns, plectranthus, cycads, *Schefflera* 'Variegata', arums and *Euphorbia* 'Diamond Frost' offers the soothing sound of water. ● 'Rahle's Rose', named after the owner. ● Large pots create lush accents on the deck; the evergreen ferns, plectranthus, peace lilies, arums and schefflera soften the area with year-round greenery.





**THIS PAGE, LEFT TO RIGHT:** ● The retaining boxes that frame the garden are planted with different varieties of roses, Rahle's favourite flower. Along the bottom are borders filled with begonias in summer and pansies in winter which add another layer of colour. ● A double retaining wall was constructed along the boundary wall in the main garden to minimise the height.

The raised beds are 3m deep to accommodate trees, shrubs and hundreds of roses. In the main garden, a double retaining wall was constructed to lessen the impact of the high wall visible from every room in the house. "By doing this we created a panorama of colour around the house," says Karen. Along the bottom of these retaining boxes are beds filled with seasonal plants making yet another layer of interest in the borders. Colour is provided predominantly by roses – Rahle's favourite plants. In fact, one of the rose varieties in her vast collection is 'Rahle's Rose', a large, beautifully scented, pink variety named after her.

The sight and sound of water was addressed next. A waterfall was the obvious choice due to the slope. A rock pool was built, filled with koi and surrounded by lush plantings of *Dicksonia antarctica*, plectranthus, liriop, *Acorus* 'Golden Edge', *Duranta* 'Sheena's Gold', *Agapanthus* 'Blue Velvet', cycads, papyrus, *Schefflera* 'Variegata', cuphea, arums and *Euphorbia* 'Diamond Frost' and a waterfall built using natural rocks. Rock steps lead past the waterfall up the slope to the top of the property into a forested area.

Also in the main garden is a swimming pool and large deck overlooked by all the main rooms in the house. Here, large lushly planted pots – with ferns, plectranthus, peace lilies, schefflera and

arums – make striking features. "It is from this deck that the full beauty of the garden can be appreciated: the surrounding walls of colour, the sight and sound of the waterfall and the visiting birds," says Karen.

Another desire of Rahle's was to have a private area where she could sit, preferably among trees. This resulted in the creation of a mini forest right outside the main bedroom and visible through the window.

Finally, the pavement, under a canopy of large jacaranda trees, was planted with an abundance of shade-loving gardenias, tree ferns, azaleas, *Murraya exotica*, clivias, hydrangeas and arums and edged with *Acorus gramineus* 'Golden Edge'.

This is a garden that's loved, lived in and enjoyed and it flourishes with all the attention it receives. Rahle says, "We love sharing our garden and have had several charity open days, which were wonderfully received. There's a special sense of peace and serenity in the garden that's felt by everyone who visits it. On one occasion, a woman sat on a bench for a while and when she left she told me that since losing her daughter, she hadn't had a moment's peace, until that day." GH

**SOURCE** Karen Gardelli 082 745 2891





" I ALWAYS DREAMT OF HAVING A BEAUTIFUL,  
COLOURFUL, LUSH GARDEN"

The waterfall spills into a rocky pool filled with koi.  
A variety of lush plants encompasses the feature making a lovely  
view from just about anywhere in the garden.



new clivia

# *Blazing* a trail

Imagine a garden full of clivia in  
five or six different colours and  
not one of them orange



'Firefly'





'Marquise'



Appleblossom



'Namib Roos'

Ten years ago the most desirable clivia were those with yellow or peach flowers. Today, they're almost old news as local and international breeders create new varieties in colours that one thought would never be possible: dusky rose pink, ivory green, bronze brown, picotee and versicolour.

"Every breeder is intent on introducing new colours each year," says Pikkie Strumpher of Cliviamart in Pretoria whose search is for a genuine open flower in red. "Many of the exceptional flowers," he says, "are the result of selective breeding of *Clivia miniata*. Plants are also being bred with shorter, broader leaves that take up less space and make more attractive pot plants for indoors. Flower shapes are changing too with more open recurving flowers on bigger heads."

## WHAT'S HOT?

**INTERSPECIFIC HYBRIDS** are a new area of exploration in the clivia world. Interspecifics, as they are called, result from crossing large-flowered *C. miniata* with one of the tubular pendulous species. The resultant crosses like 'Firefly' and 'Marquise' have bigger, flared blooms and are showier than the original pendulous species. Breeding with them opens up possibilities for new colours, especially pink and red, different growth habits such as better sun tolerance and interesting flower shapes as well as more petals per bloom.

For gardeners, a great plus is that they usually flower in June or July which together with the autumn-flowering *C. gardenii*, offers the possibility of having clivia in flower for most of the year.

**PASTELS** have been growing in popularity over the years and cover a wide range of colours: cream, pale yellow, peach, apricot and now pink. Pink is the most sought-after colour, and for many years, breeders weren't sure if it was possible to breed a good pink. The Appleblossom series, with cream, white or yellow flowers tinged with peachy-pink tones, is regarded as one of the more successful pinks. The original plant was found in the Transkei having naturally hybridised in the wild to produce the apple blossom effect.

Another different, darker pink is 'Namib Roos', which combines dusky rose pink with a green throat and is the offspring of the green 'Hirao' and bronze 'Gunston'. ▷





'Hirao'

### GREEN-FLOWERED CLIVIA

are perhaps the most dramatic break away from the signature orange of *C. miniata*. Initially the interest was in green-throated orange and bronze clivia but when the famous green-flowered 'Hirao' was imported from Japan it was snapped up by breeders throughout South Africa. Crosses with interspecifics and *C. miniata* have produced variations of yellow, cream

and green flowers, many with green throats or stripes or green with pale-pink picotee edging.

'Hirao' was developed by Japanese breeder Toshio Koike who originally received yellow clivia seed (possibly Giddy's yellow) from South Africa and used it in his breeding programme. The plant is named in honour of Dr Hirao, an eminent horticulturalist who was involved with clivia breeding.

**VERSICOLOUR** clivia are grabbing the most attention. These dramatic flowers have different colours on the inside and the outside of the flower petals, usually, pale inner petals with darker, often striped outer petals. Many interspecific hybrids (interspecies crosses) have versicolour flowers as well, and depending on the original species, will flower at other times of the year.

Last year one of the top-selling versicolour clivia was '777' bred by Pikkie Strumpher. It was the surprise result from a batch of mixed bronze seed that Pikkie failed to sell at the 2002 Clivia Show in Pretoria – even when it was marked down to half price. So he sowed them. Five of the seedlings had unusual green stems and he expected them to be yellow and hoped for a new green-throat variety. Four years later when the seedlings flowered, there was the versicolour with brown outer petals and creamy-green inside petals. "I was over the moon, because I could have sold all the seed and lost it," recalls Pikkie.

The first flower head had seven flowers (hence its name) but it has since produced a full umbel of flowers. That plant is now the treasured mother plant from which new stock is produced.



'777'



## THE CHANGING SHAPE of

clivia has been prompted by increasing contact with Japanese and Chinese breeders who've always regarded the shape, width and shortness of the leaf as more important than the flower. Locally, breeders are seeing the benefit of compact plants with broader leaves for smaller gardens and they look a lot neater than the long, thin strappy leaves of older plants. A novelty in flower shapes is the recurved petal, which curls backwards displaying a bigger flower and noticeable stamens, for example 'Laduma'. "Expect to see more picotee varieties like 'Tanchoo' with petals rimmed with orange, red or pink," says Pikkie. "The picotee always stands out and even if you're standing 3m away, you can't miss it."



'Laduma'

## GROWING TIPS

- Plant in semi-shade or in areas with very good indirect light. If clivia are planted under trees, trim the trees so that the lowest branches are above head height so that they get enough light and air.
- Loosen the soil and add well-rotted kraal manure to improve the fertility. An organic fertiliser like Bounce Back or Terra Nova (both contain chicken manure) can be used.
- Clivia prefer slightly acid soil and adding gypsum will loosen heavy soil without changing the pH. Adding compost and organics like dried leaves and bark chips increases soil friability.
- Dig a shallow basin about 20cm deep, put the plant in the centre and spread out the roots. Spreading the roots helps it to settle in quicker and promotes suckering (new plants). Cover with soil and firm down lightly.
- Space plants 30–40cm apart to allow for air circulation and prevent mealy bug and fungus diseases that can occur in hot, humid conditions.

## CLIVIA CARE

- Water once or twice a week in summer (in the absence of rain) and reduce this to once every two weeks in winter. Watering also keeps the leaves clean. This applies to clivia in the garden and in pots, providing the

potting soil drains well.

- Fertilise with 3:1:5 granular fertiliser (Talborne Organics Vita-Fruit & Flower is the organic equivalent) in July and again in January.
- Prevent amaryllis caterpillar (a plant killer) by drenching with Kohinor or Confidor twice a year in October and April. This systemic insecticide lasts for up to six months and also deals with other pests, including mealy bug and leaf miner which disfigure plants. Alternatively spray with Garden Ripcord (a contact insecticide) when you notice caterpillars or leaf miners.

## WHERE TO FIND THE NEW COLOURS

Clivia clubs in all the provinces and major centres hold clivia shows during August and September where flowering clivia are on display and for sale. That's the best time to buy clivia, meet local growers and find out how to grow clivia in your area. The Clivia Forum ([cliviaforum.co.za](http://cliviaforum.co.za)) links clivia enthusiasts and suppliers. Many breeders also have their own websites through which they sell seed to collectors and these are worth visiting to see what colours are available.

For information on show dates as well as questions, e-mail [info@cliviasociety.org](mailto:info@cliviasociety.org) or contact Sakkie on 012 361 6415 or Joy on 021 671 7384 or 072 487 7933. 



'Tanchoo'

## HOW DROUGHT TOLERANT ARE CLIVIA?

Clivia can go for a month or two without water and will be less stressed than most other plants. However, regular watering will produce healthy, lush green leaves and better quality flowers.

**SOURCES** Cliviamart [cliviamart.co.za](http://cliviamart.co.za) Clivia Society of South Africa [cliviasociety.org](http://cliviasociety.org)





BEFORE



# BETWEEN THE *lines*

Rebuilding the boundary walls  
sparked the transformation of this  
Johannesburg garden into a tranquil,  
oriental retreat





## Who lives here

Adrian and Debbie Sing, who both work in the IT industry, and their five cats: Jessica, Oliver, Lynx, Bella and Max.

## The garden

An oriental-style garden in Morningside Manor, Jo'burg, on two levels with a number of water features.

What the owners of this property wanted was an attractive, low-maintenance garden that they could appreciate from the terrace they planned to build in front of the house. As the perimeter walls had recently been rebuilt, the garden was rather bare.

There was a slope sparsely planted with hen-and-chickens and agapanthus and a large area of concrete paving blocks used as additional parking which took up much of the lower level.

"My clients liked the idea of a meadow and were also keen on gravel rather than lawn. We then knew we were going the oriental route," explains landscaper Neville Orsmond. The process began by building a retaining wall to support the terrace. 'Iceberg' roses at the top were removed and freylinias were



planted in front of the wall. The remainder of the slope was terraced using rocks excavated on site.

"To achieve the meadow look we planted colourful grasses like *Acorus* 'Gold', *Carex* 'Frosted Curls' and *Festuca* 'Green'," >

**OPPOSITE PAGE:** *Acer palmatum*, *A. buergerianum*, *Heteropyxis natalensis* and olive trees add height to the garden. Gravel pathways lined by indigenous grasses were used in place of lawn.

**THIS PAGE, LEFT TO RIGHT:** ● *Gaura lindheimeri* and *Coleonema alba* lend colour and texture variation to the beds bordering the gravel path and steps. ● 'Islands' planted with a selection of low-maintenance ornamental grasses were built with rocks excavated on site in what was originally a parking area.



## NEVILLE'S TIPS ON WATER FEATURES

can be found on our website at [gardenandhome.co.za](http://gardenandhome.co.za)

### "WE LOVE THAT IT'S SUCH A DIVERSE, EVER-CHANGING SPACE"

introduced medium-height plants like *Chondropetalum tectorum* and *Gomphostigma virgatum*.

Gravel was laid at the bottom of the slope, and within this, islands of raised beds were built using more of the natural rock. "We wanted the paths and the garden to meld," say the homeowners. "Neville's idea of using gravel offered the perfect solution especially as it's low maintenance."

Two water features function as focal points in this area. The first merges with its gravel surrounds by means of a pebble inlay which adds yet another texture. Bridged by sleepers that formed part of the original garden steps, it was designed as a dry riverbed so that when it rains the overflow of water fills up a sandstone birdbath. "The other feature is quite different in that it is circular which establishes a strong geometrical contrast to the softness of the rest of the garden," says Neville.

He carefully selected plants that reflect the change of seasons. In winter the grasses keep their colour. A severe cut back in spring sees them sprout again that season. The trees include a variety of deciduous, semi-deciduous and evergreen varieties. The olives, indigenous lavender trees and maples were chosen to enhance the garden's oriental feel. "The semi-deciduous lavender trees carry their lovely autumn colouring into winter and the maples have beautiful winter silhouettes," says Neville.

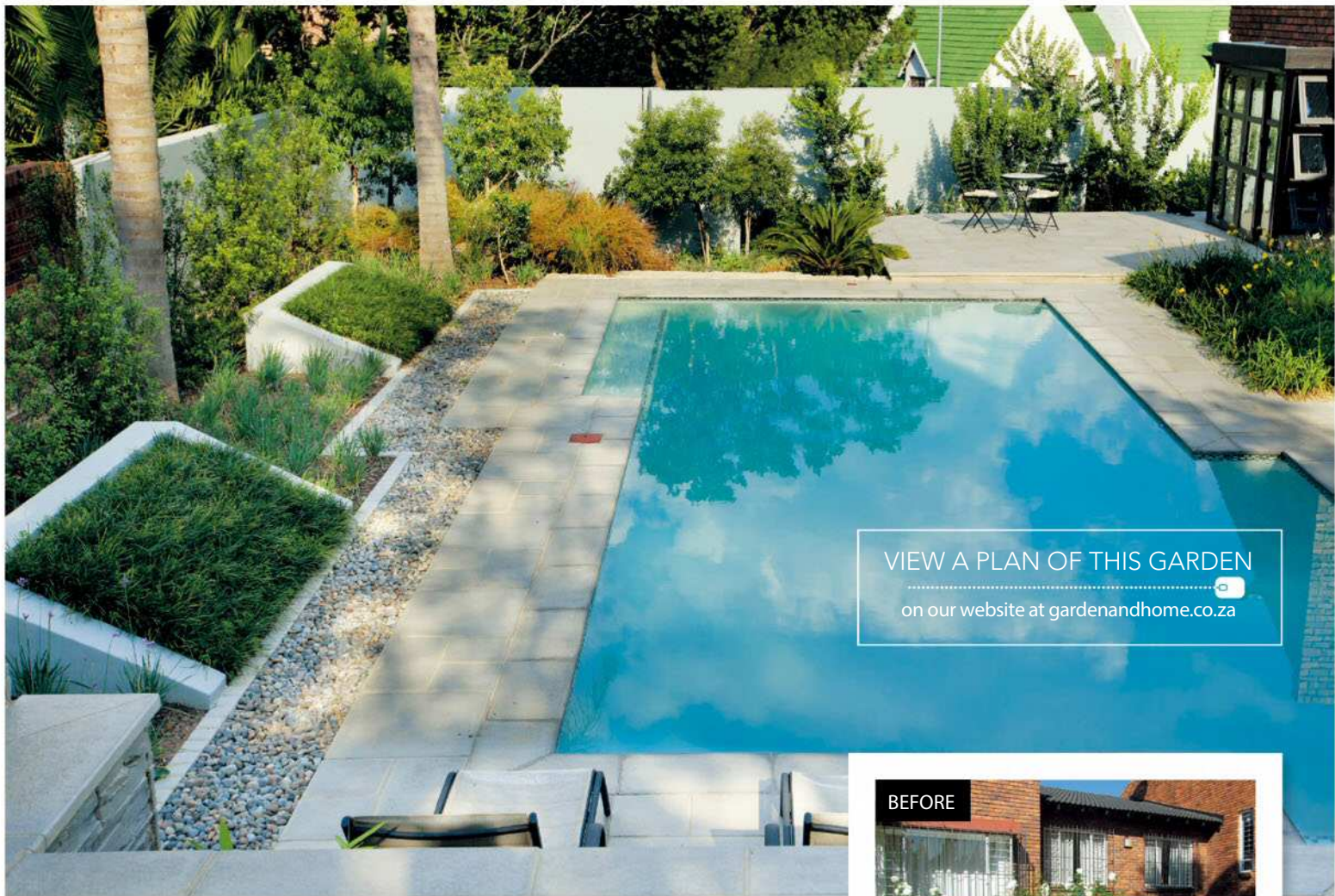
In the summer months, the natural shades of the grasses, rocks and gravel are offset by a variety of flowering plants. Billows of pink are provided by butterfly bush and tulbaghia and sea lavender introduces purple to the mix. In other areas, orange daylilies were mass planted for maximum impact. "We love that it's such a diverse, ever-changing space," say the homeowners. "It has enhanced our enjoyment of the terrace immensely." **GH**

#### THIS SPREAD, CLOCKWISE FROM TOP RIGHT:

- The hardscaping and pebble border around the swimming pool are softened by angled beds filled with plantings of mondo grass.
- A view of the top garden over the koi pond and swimming pool.
- In keeping with the circular theme, a pathway of stepping stones leads to the back of the house.
- Indigenous grasses planted in sumptuous drifts envelop the water feature.
- Feathery grasses complement the textured pebble inlay and wooden sleeper bridge over the natural water feature.







BEFORE





# FIVE OF THE *best*

South Africa's top landscapers reveal their hottest design tips



## BEING WISE WITH WATER

—MIA MARSAY

There are many design tips that I could share, but one of the most important ones is being wise about water.

Firstly, it's such a chore to water if you don't have a decent irrigation system and secondly, such a loss if you can't afford to water the plants that you've bought – so choose carefully.

Try and plant species that need watering once, maybe twice a week; there are a lot of stunning plants that fit into this category and not all of them are aloes and cactuses! For example, *Helichrysum petiolare*, arctotis, gazania, strelitzia, artemisia, buddleja and lavender.

I do think that all gardens need focal points and for this you can put in a couple of medium-thirsty plants or annuals and water these separately.







## THE BEAUTY OF RAISED BEDS

—KAREN GARDELLI

One of my best design tips is to use 'window boxes'. When the perimeter walls of a garden are forbiddingly high, the solution is to build raised beds in front of them.

If it's a large garden, make the bed at least 3m deep and a minimum of 750cm high. By planting at hip height, your garden will look two to three years old within a very short period of time, especially if you fill the boxes with high-grade topsoil and compost mix. ▷

## THE IMPORTANCE OF FOCAL POINTS

—SHIRLEY WALLINGTON

Gardens should have focal points so that the eye has a moment to stop and enjoy the view. But, don't complicate things with too many as it then becomes busy and not relaxing.

Use focal points to bring in an element of surprise and excitement, to draw the eye to a view or detract from a neighbour's house or an ugly building. These could be anything from a bench to a beautiful sculpture or urn on a plinth or even shaping a large shrub into an unusual form. Colour is another way of creating a focal point; you can paint an obelisk a deep blue and grow a climbing rose over it to complement it.

A variety of items like pots and birdbaths dotted all over the place is really not restful, so place them a good distance apart.





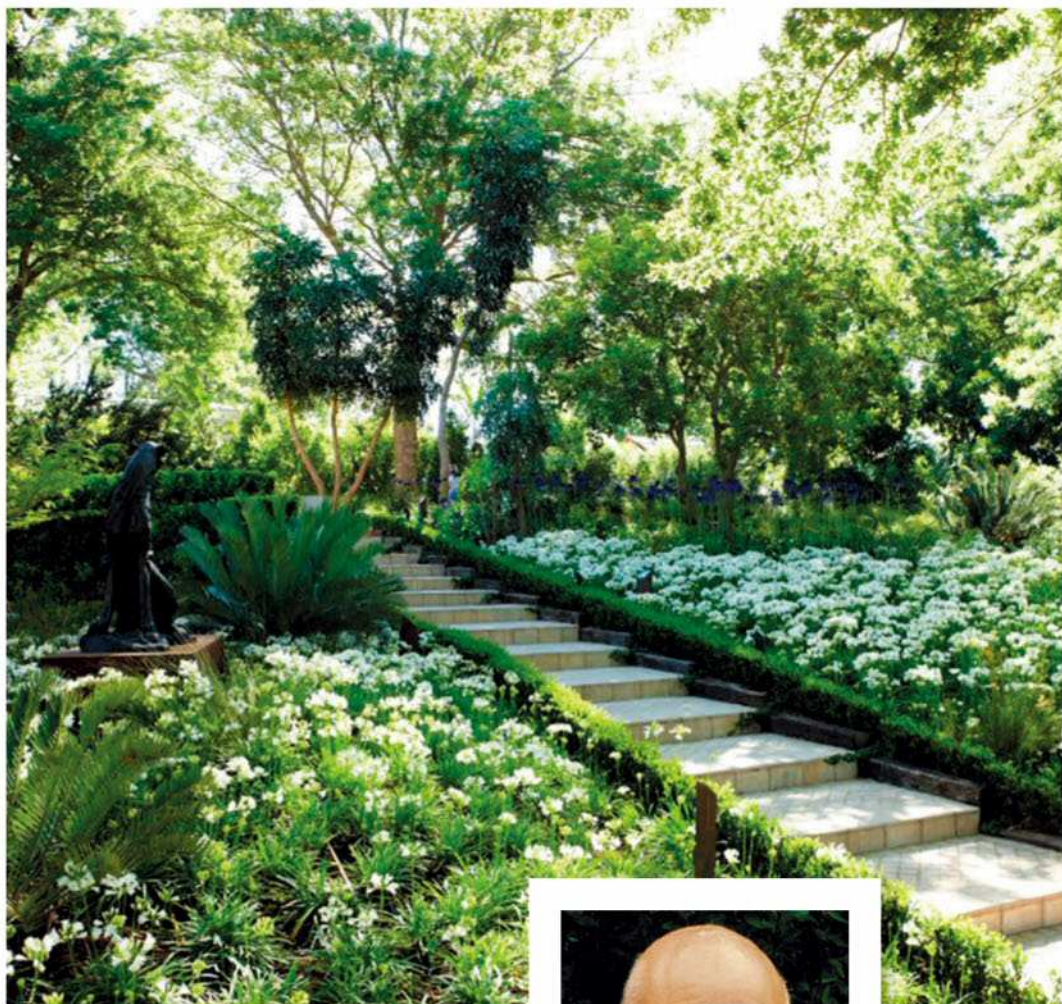
## VISUALISATION AND UNDERSTANDING

–ROSE VERMEULEN

Firstly, think about the purpose of your garden and visualise unique and tranquil retreats within it.

Knowing what you want from your garden is essential to a good design. Is it for entertaining, a space for children to play or a haven where you can go to relax?

Whatever the purpose, try and create one or more places that bring a peaceful air – such as a water feature, a gazebo surrounded by plants or a bench under a cool tree.



## SCALE AND PROPORTION


–KEITH KIRSTEN

No matter what the design – formal or informal – the proportion between the hard landscape and the planting areas as well as the scale of the design needs to meet the requirements of the garden and its location. There's nothing worse than small garden beds or paving details on a large site.

There are various elements to garden design, including hard landscaping, the lawn and plants and often a swimming pool. Plants often receive the short end of the stick in modern-day gardens, which are overburdened with paving, walls, pools and lawns. I suggest having no lawn in



small gardens; rather plant sustainable plants which care for themselves.

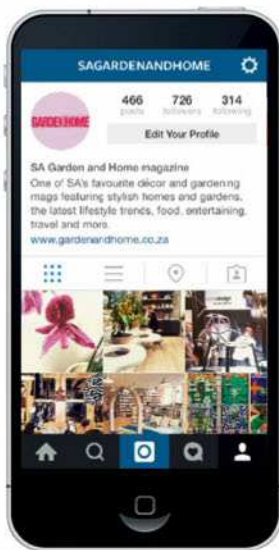
When it comes to proportion and scale, in gardens with no lawn, I suggest one third paving/hard landscaping, one third plants and one third pool/water feature. In a garden with lawn, go for a quarter hard landscaping, a quarter lawn, a quarter pool and a quarter plants. 

**SOURCES** Karen Gardelli 082 745 2891 Keith Kirsten, Keith Kirsten Horticulture International keithkirsten.com Mia Marsay, Over the Garden Wall 083 227 8030 or overthegardenwall.co.za Rose Vermeulen, Indigo Landscapes 072 268 4659 or indigo-landscapes.co.za Shirley Wallington 083 750 3998 or wallington.co.za



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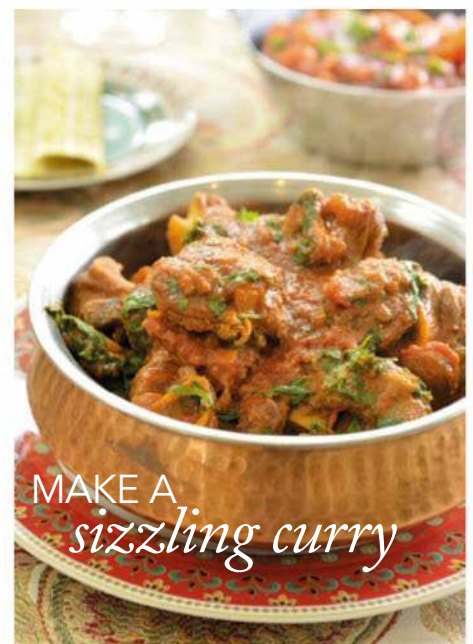
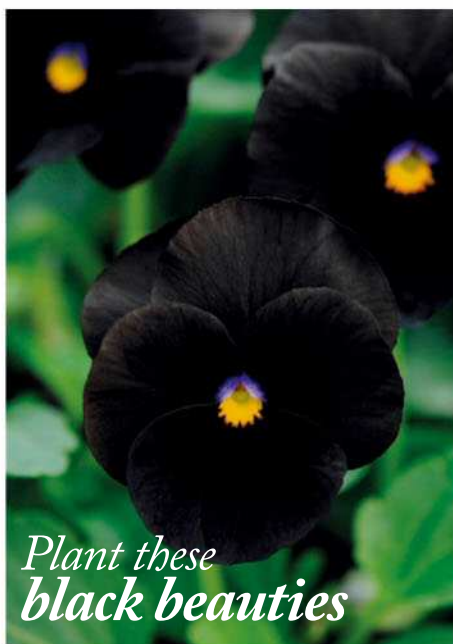
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evergreen containers

# Year-round BEAUTY

Want a container that looks good all year round? Combine foliage plants with different colours and textures

## *The green light*

A combination of green foliage plants with a hint of silver and gold creates a rich, harmonious feel while different leaf textures have just enough contrast to add interest. Planted just off-centre, the sword-like, green and yellow variegated leaves of *Dianella tasmanica* 'Variegata' add height.

A hint of soft silver is brought in on either side with the woolly leaves of lamb's ear (*Stachys byzantina*) and variegated *Lamium maculatum* 'Beacon Silver'. The solid green fronds of asparagus fern (*Asparagus densiflorus* 'Mazeppa') froth over the edges, pulling the colours together and bulking up the display.

**GROWING TIPS:** Place this container in a sunny position. Choose a pot with sufficient drainage holes and water well twice a week, more if the soil is dry during very hot spells. Feed with a liquid fertiliser like Nitrosol or Seagro Organic Plant Food every two weeks.





VIEW OUR ONLINE  
IMAGE GALLERY

on our website at [gardenandhome.co.za](http://gardenandhome.co.za)

## *Drama queen*

Plant up a really showy foliage container with purple, red and green plants. Taking centre stage here is dwarf sacred bamboo (*Nandina domestica* 'Pygmaea'), which makes a year-round feature as its fresh green summer foliage changes to an intense red in autumn and winter.

The purple trailing leaves of *Ipomoea* 'Illusion' cascade dramatically over the side, while clumps of dark mondo grass (*Ophiopogon* 'Black Dragon') fill the gaps. Finally, the thin, strap-like green leaves of *Liriope muscari* 'Lily Turf' lighten the effect.

**GROWING TIPS:** These plants will do well in semi-shade. Water the container twice a week and make sure there's sufficient drainage. Feed with a liquid fertiliser like Nitrosol or Seagro Organic Plant Food every two weeks. **GH**

**SOURCE** Containers and plants courtesy of **Garden World** 011 957 2046 or [gardenworld.co.za](http://gardenworld.co.za)



winter flowers



## 1 *FUCHSIA ARBORESCENS* (Tree fuchsia)

The tree fuchsia is not a tree but a large shrub. Endemic to the more temperate climates of Central America, it has adapted to gardens in southern Africa. Growing to a height of about 2m and width of 1,5m, it has a dense crown and bears large clusters of tiny, scented lilac-pink flowers in winter through to spring. It has long shiny leaves and small edible berry-like dark-purple seeds.

**Where to plant it:** In shade or semi-shade. It's evergreen and semi-hardy.

**How to use it:** Plant it in the garden or in a container.

## 2 *ERYSIMUM CHEIRI* (Wallflower)

Today there are many wallflower hybrids available in yellow, orange and red but the original specimen with its rusty yellow to mauve flowers is spectacular. A mounding evergreen, it has lance-shaped serrated leaves and bears clusters of multicoloured smallish flowers. Growing about 60cm high, this exotic perennial flowers from midwinter to summer attracting bees, butterflies and other insects.

**Where to plant it:** In full sun. Very hardy, it thrives in an alkaline sandy soil (add a handful of lime to the mix).

**How to use it:** It's wonderful filler in a cottage garden and can be planted in a rockery or raised bed. It likes to grow in gaps in stone walls, hence the name wallflower.

# COOL *customers*



Leoné Williams of Petal Faire Nursery reveals some unusual plants that thrive in the cooler months





### 3 *TRADESCANTIA X ANDERSONIANA* (Blushing bride)

Also known as spiderwort, this lovely exotic groundcover has pinkish green and white winter foliage. As the days get longer and sun hotter, the leaves revert to their green summer colour. It's more of a foliage plant as the white flowers which appear in summer are quite insignificant.

**Where to plant it:** In shade and semi-shade. It grows well in damp areas but is tough enough to withstand drought. Very hardy, it dies back in summer.

**How to use it:** Plant in a container, hanging basket or use as a groundcover.



### 4 *HIBISCUS ARNOTTIANUS* (Hawaiian white hibiscus)

Despite its tropical origin, *Hibiscus arnottianus*, which is endemic to Hawaii, does well in my Highveld garden. This small tree or shrub grows to about 2m high and has large, smooth, slightly toothed oval leaves. Young stems and leaf veins are an attractive red colour. It has large scented white flowers with red stamens and pistils.


**Where to plant it:** In semi-shade. It's evergreen and hardy (about -1°C).

**How to use it:** The shrub performs well in a container; it can be used as a specimen plant or even as a hedge.

### 5 *IPOMOEA HORSFALLIAE* (Cardinal vine)

This beautiful climber from Jamaica has tuberous roots with thin woody stems and glossy dark-green leaves. The stem tips bear attractive buds followed by bunches of cerise, magenta or fuchsia-pink flowers. In my garden it grows to around 3m high but it can supposedly grow up to 9m. It's difficult to propagate so if you find one – buy it!

**Where to plant it:** In full sun or semi-shade. It's evergreen and semi-hardy (5°C).

**How to use it:** Train it up a trellis or over an arbour or pergola. 

**SOURCE** Petal Faire Nursery 082 482 0257, [petalfaire.co.za](http://petalfaire.co.za) or e-mail [leone@petalfaire.co.za](mailto:leone@petalfaire.co.za)



# GARDEN notes

Keep adding mulch to your beds and take cuttings of your favourite shrubs

## 10 must dos this month

Contributing garden editor Marianne Alexander's handy checklist of essential chores to do in July



**1 Feed annuals and bulbs** fortnightly with Seagro or a granular or pellet-type fertiliser. Keep deadheading. Water plants in the morning where winters are dry and especially in cold areas. On frosty days, spray seedlings with water before the sun reaches them. Aerate sodden soil around bedding plants with a fork in winter-rainfall areas.

**2 Roses** can be pruned mid-July in warm areas like the Western and Eastern Cape. In frost-prone gardens, wait until the end of July to mid-August. For banksias and rambling and Old English roses only prune after they have flowered in spring. Protect the stems of standard roses in heavy frost areas; a hessian bandage works well.

**3 Prune** autumn-flowering shrubs like *Ceratostigma plumbaginoides* (leadwood), Pride of India, *Buddleja davidii*, *Ruttya* spp., the ribbon bush, ruspolia, barleria, wild dagga and climbers like golden shower and canary creeper. Don't prune deciduous shrubs like *Spirea* spp. (May bushes), weigelia, snowball bush and philadelphus (mock orange) until early summer when they've finished flowering. In frost zones only cut back plectranthus in spring.

**4 Take hardwood cuttings** of shrubs like hibiscus, abelia, rosemary, buddleja, viburnums, honeysuckle, frangipani, hydrangeas and roses. Bear in mind some roses may not be propagated as they have patent rights. Many roses are grafted onto special root stock. Those you grow will have their own roots which may not be as strong as those on grafted roses.

**5 In cold areas** wait until spring to cut back frost-damaged plants. Spring is also the best time to trim evergreens and plants with

succulent growth like plectranthus, fuchsias and salvias.

**6 Maintain the mulch** around the base of plants which are susceptible to the cold to protect the roots. Continue to add leaves and shredded cuttings from pruning to your compost heap or bins.

**7 Move plants** which have grown too big or are not in the right position; trim them back before lifting, keeping as much soil as possible on the roots. Position so they're facing the same direction. Spray evergreens with Wiltpruf. Water in and anchor with stakes or by placing heavy stones or bricks around the base.

**8 The ash from wood fires** makes a good fertiliser as it's rich in potash. Store it in a sealed container. It strengthens plants and increases their resistance to diseases. Don't use ash from briquettes, coke and anthracite.

**9 Look at other gardens in your area** to see what looks good at this time of year. Bring in colour with aloes, erythrina or coral trees, red-hot pokers and *Greyia sutherlandii* (bottlebrush) and *Chasmanthe aethiopica*.

**10 Check the ties on plants** and release any that are too tight. Make sure old plant labels, especially those on roses, aren't strangling them.



Ruspolia



Bottlebrush



## Wise decision

Remove dirt from gardening shoes with this Owl bootbrush, R490,20, from GardenShop, [gardenshop.co.za](http://gardenshop.co.za)



## THIS WEEKEND



- ✿ Clean and organise your potting table, toolshed or garden shed.
- ✿ Buy large plastic containers or buckets, label them and use for storing potting soil and fertilisers.
- ✿ Sort out old containers, pots and seedling trays.
- ✿ Dispose of old pesticides, fungicides and weedkillers in a responsible manner. Contact your local council to find out where they can be taken.
- ✿ Save pieces of broken clay pots and use them in the bottom of containers to improve drainage.
- ✿ Sort out packets of seeds – make a note to sow those in the old packets first provided they aren't past their expiry date.
- ✿ Seal or paint metal and woodwork including garden furniture that's showing signs of weathering.
- ✿ Repair damaged fences and trellises as well as paths and paving which may have been lifted by roots.

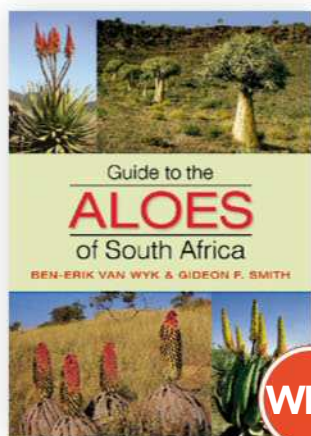




We're planting

### Stocks (*Matthiola incana*)

**Why:** Their scented blooms are long lasting and make great cut flowers for the vase. They also tolerate harsh frosts. **Where:** In full sun but they take semi-shade too. Grow smaller varieties at the front of the bed; taller specimens at the back. **When:** Plant seedlings in autumn and winter; sow seeds at the end of summer or early autumn. **How:** Seedlings should be spaced 30cm apart in well-composted, well-fertilised soil. They don't require a lot of maintenance, but water and feed them regularly for a colourful display.



WIN!

## Local INTEREST

Aloes are a distinctive feature in the South African landscape and come in a range of unique and unusual shapes and sizes. *Guide to the Aloes of SA* (Briza Publications) by Ben-Erik van Wyk and Gideon F Smith has all the info you need to grow them in your garden.

**WIN!** We're giving away a copy worth R350. To enter, **SMS ALOES**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. For full Ts&Cs, see page 113.

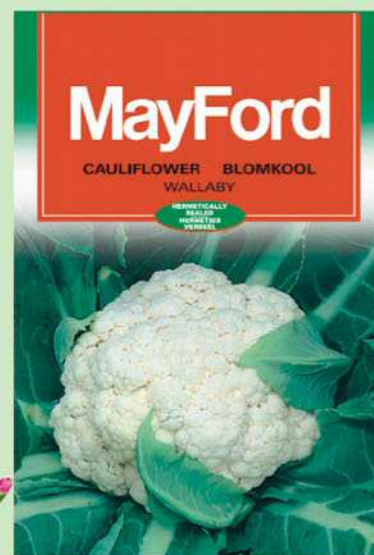


### Dianthus 'Pink Kisses'

Dianthus 'Pink Kisses' produces masses of tiny pink bicolor flowers and has a light fragrance. Buy it in a pot and then transfer it to the garden in a sunny position, in well-draining soil where it will grow into a bushy little plant, 35cm high and wide. Use in the border or mixed with other delicate spring flowers like diascia, nemesia, osteospermum and argyranthemum. Look out for the Pink Kisses label.

## Three's company

This set of three pretty leaf print pots on a tray, R248,52, from GardenShop, looks perfect on a kitchen windowsill. Visit [gardenshop.co.za](http://gardenshop.co.za)



## The VEGGIE garden

**1 Keep feeding** peas, broad beans and leafy plants like cabbages, broccoli, Swiss chard, spinach and lettuce. Make further plantings of these if you have space.

**2 Prune fruit trees.** As some deciduous trees like apricots, need less pruning than others, consult a reliable book for details. Remove dead wood from citrus trees and trim to open the canopy after harvesting the fruit.

**3 Sow cauliflower seed.** Cauliflower needs very fertile soil, so before planting, dig in well-rotted manure or organic matter and rake in a granular fertiliser. It doesn't like wet feet, but does like to be kept moist. Fertilise fortnightly with either a granular or a liquid fertiliser. Try Mayford's 'Wallaby' (above). ▷





# 3 Great spiky plants

**1** *Bulbine latifolia* (syn. *natalensis*) is an indigenous succulent plant with light-green fleshy leaves reminiscent of an aloe. It's fast growing and clump forming and has spikes of yellow flowers. **The bottom line:** It enjoys full sun and will take mild frost. Height: 20–25cm.

**2** *Agave attenuate* 'Ray of Light' has succulent, upward pointing green leaves with a subtle white margin. **The bottom line:** It thrives in sun and semi-shade and is best where temperatures don't drop below freezing. Height: 75cm–1m.

**3** *Yucca* 'Jewel' or Adam's needle has leathery, sword-shaped, green leaves with a striped border and bears spikes of creamy white bell-shaped flowers in summer. **The bottom line:** It's hardy and loves sun and semi-shade. Height: 75cm–1m.



## The cat's whiskers

Cats are mad about catnip. These GrowKits come with seeds and biodegradable pots. For stockists, visit [growkit.co.za](http://growkit.co.za)

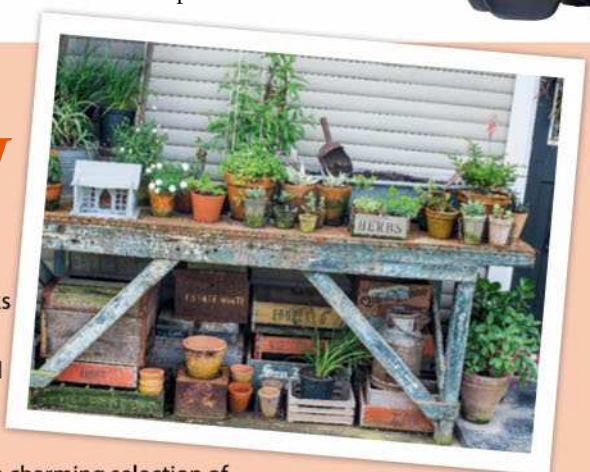
## THE NATURAL WAY

For healthy compost with well-balanced chemical elements, try Probio Compost Activator, R51,50 for 500ml. It's all natural and contains beneficial bacteria that activate the composting process and help soil to retain key nutrients. It's available at most gardening retailers. For stockists, visit [probio.co.za/store-locator](http://probio.co.za/store-locator)



## Down to EARTH

Dirt Therapy nursery, on the outskirts of Plettenberg Bay, stocks indigenous trees and plants perfectly suited to Western Cape conditions. Browse through the shop for a charming selection of garden accessories, home decor and gifts, then enjoy a snack or cup of coffee on the veranda overlooking the valley and the Tsitsikamma Mountains. Visit [dirttherapy.co.za](http://dirttherapy.co.za)



## Pruning essentials



Fragram mini lopper, R94,99, Lifestyle Home Garden, [lifestyle.co.za](http://lifestyle.co.za)

Garden Master three-piece pruning set, R235, Makro, [gardenmaster.co.za](http://gardenmaster.co.za), [makro.co.za](http://makro.co.za)

Gardena pruning lopper, R850, GardenShop, [gardenshop.co.za](http://gardenshop.co.za)

## Nature's Bounty

**25 JULY – 30 AUGUST Spring Festival at Garden World**

To showcase the wealth of indigenous plants and flowers in South Africa, this year's theme is 'Nature's Bounty'. 17 designer gardens will inspire you to head back to your garden with new ideas. Don't miss 'The Elements of Nature' garden (pictured) where designer Priscilla Banda of Green Dimensions combined elements, sun, earth and water with fish, birds and aromatic herbs to create a perfectly sustainable garden.

Garden World is on Beyers Naudé Drive in Muldersdrift. For information on the Designer Gardens and bookings for the talks, workshops and music, call Magriet or Corné on 011 957 2545, 011 956 3003 or 083 997 6142. Visit [gardenworld.co.za](http://gardenworld.co.za)





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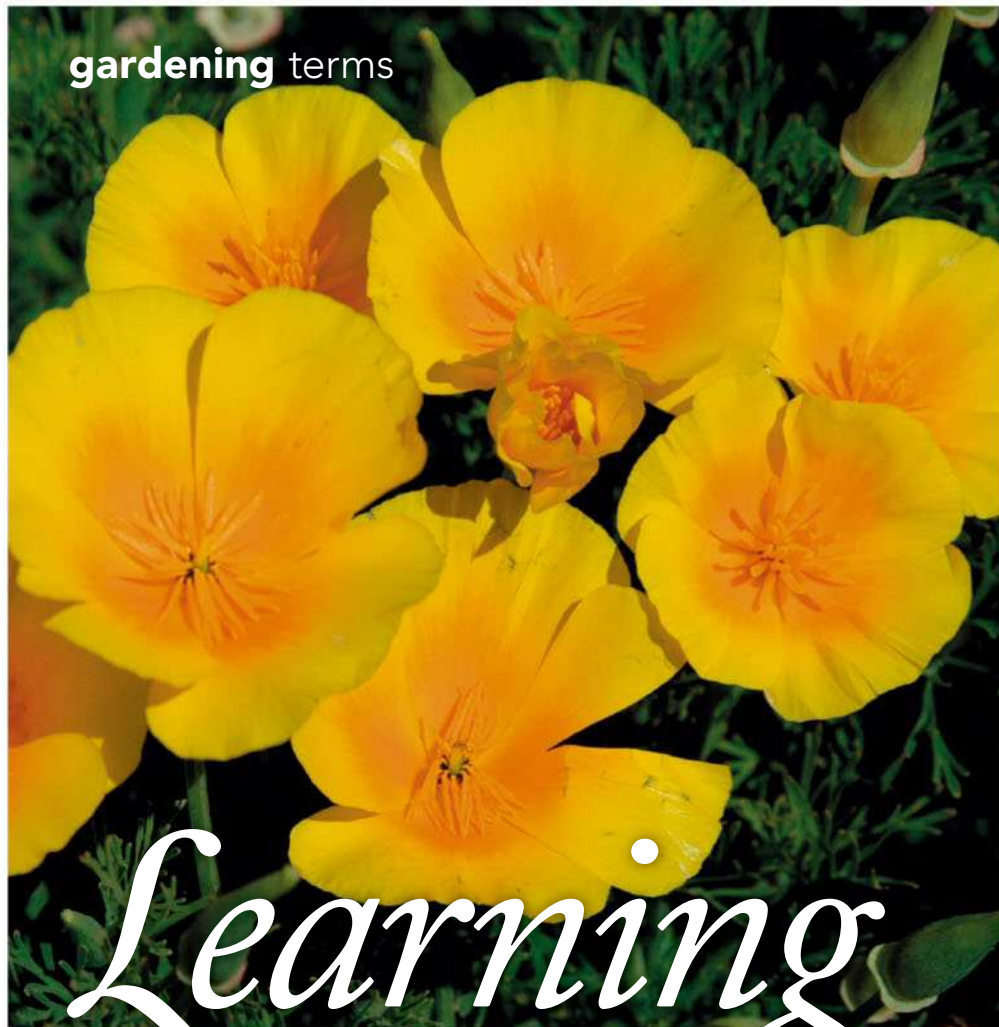
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# Learning the LINGO

Puzzled by horticultural jargon? Read on for some down-to-earth explanations



## *Biannual plants*

need two growing seasons to produce flowers and set seed. Leaves grow in the first year, flowers and seeds the following. Canterbury bells, delphiniums (left) hollyhocks, foxgloves and columbines all fall into this category. In our warm climate with long summers some can complete their life cycle in one season but will still be around the following year.

*Self-seed* is when annuals and some perennials come up again year after year from the seeds they drop. For this to happen, allow some seeds on the plants to mature. Nigella (love-in-a-mist), forget-me-nots and Californian poppies (left) are good examples of self-seeders.

**FERTILISER VALUES** are represented by the three numbers on fertiliser packets. The ratio of the three macroelements, Nitrogen, Phosphate and Potassium (N:P:K), are always written in this order. 3:1:5, for instance, has 3 parts N, 1 part P and 5 parts K.

The number in brackets after the ratio, for example 3:1:5(22), represents the percentage and concentration of the actual fertiliser, thus (22) means 22% of the content is food, the remainder being a carrier.

- Use Nitrogen (N) for lush growth. Good for leafy vegetables, foliage plants and for greening lawns. Too much results in soft sappy growth.
- Use Phosphate (P) to encourage strong healthy root systems, seedling and seed formation. Don't use it on fynbos.
- Use Potassium (K) (from the Latin *kalium* hence the symbol K), to promote flowering and fruiting and make plants more disease resistant.

## **POTTING ON**

is moving a well-grown plant that has usually outgrown its container into a pot one size larger.

## **POTTING UP**

is planting seedlings or rooted cuttings into a larger container.

**HARDEN OFF** IS THE SLOW PROCESS OF GETTING PLANTS WHICH HAVE BEEN GROWN UNDER SHELTER OR SIMILAR PROTECTED CONDITIONS ACCUSTOMED TO THE OUTDOOR ENVIRONMENT.





**BINOMIAL NOMENCLATURE**, meaning ‘having two names’, was developed by Carl Linnaeus in the 1700s, to name groups of related plants. These Latin names are like a surname and first name as they identify the genus and species of every plant, for example *Gardenia thunbergia*. They’re always italicised, that of the genus being capitalised. It’s preferable to use botanical names when buying plants to avoid buying the wrong one, as each name applies to only one plant. Common names often relate to several totally different plants. Chinese lanterns for instance can be an *Abutilon* species, (above left), members of the gooseberry family or the indigenous *Nymania capensis* (above right) from the Richtersveld.

## GROWTH HABIT

is the way in which a plant grows, its general appearance, shape and form.



## SOIL TYPES

of which there are three basic types (listed below) and many in between.

- **Loam**, which is dark and crumbly, is the ideal soil as it’s balanced with some organic matter, generally drains well and is nutrient rich.
- **Sand** is lighter in colour, contains large particles so drains well and doesn’t hold water. It’s less fertile and has little organic matter.
- **Clay** is heavy and compact, often dark with fine particles so it holds water well but drainage can be poor. It’s a cold soil which takes time to warm up after winter.

### *Pot bound*

refers to a plant which has either grown too big for its container or whose roots have filled the container.

**GERMINATION** REFERS TO THE WAY IN WHICH SEEDS, WHICH ARE EMBRYONIC PLANTS, DEVELOP INTO SEEDLINGS.

**ANNUALS** germinate from seed, grow, flower then produce seed and die within one year or the growing season. Poppies and pansies are popular annuals.

**PERENNIALS** are long-lived (more than two years) plants that grow from a persistent root stock. They are usually herbaceous plants which need dividing every few years like Japanese anemones, gaura and Shasta daisies.



**Tilth** is the condition of the top 5–10cm of your soil, which to be suitable for sowing seeds, should be fine, crumbly and level.

*Pricking out* means lifting out each tiny seedling from a closely packed mass of plants grown from seed and transferring them into individual containers or the garden. ▷







**DEADHEADING** is the removal of old flower heads as soon as they've faded. This stops the plant from setting seeds and stimulates it to produce more flowers as well as improving its appearance.

## NODES AND INTERNODES

NODES ARE POINTS IN A STEM, WHICH ARE OFTEN SLIGHTLY SWOLLEN AND FROM WHICH DORMANT BUDS DEVELOP INTO FLOWERS, LEAVES OR SHOOTS OR WHERE SIDE BRANCHES ARISE. THE INTERNODE IS THE PART OF THE STEM BETWEEN TWO NODES. WHEN PRUNING, CUTTING BACK TO JUST ABOVE A NODE CAN STIMULATE DORMANT BUDS TO GROW.



### *Organic versus inorganic*

● **Organic** matter (above left) includes mulches, composts, shredded leaves, kitchen waste, bonemeal and manure that are derived from plants or animals which release their nutrients as they break down. Organic fertilisers, plant growth enhancers and pesticides also come from natural sources like animal by-products, manure, seaweed, powdered minerals from rocks, and plant matter.

● **Inorganic** materials (above right) like pebbles and gravel chips don't break down. Inorganic products (referred to as synthetic or artificial chemical products) are often manufactured from a petroleum base or by refining naturally occurring rocks. **GH**

## HARDY VERSUS TENDER

● **Frost-tender plants** cannot tolerate freezing temperatures (0°C and under) and will die from frost damage.

● **Half or semi-hardy or frost-tolerant** plants can tolerate some frost (down to about -5°C), especially if grown in a sheltered spot in cold areas.

● **Hardy plants** are the winners for areas that experience severe frost in winter and will survive freezing temperatures below -5°C.



## THE PH LEVEL

reflects the alkalinity or acidity of the soil on a scale from 1 – 14; 7 is neutral; anything above 7 is more alkaline and below 7 is acid. Measure it with a soil meter.



# WE'RE GIVING AWAY...

To stand a chance to win one of these great prizes, SMS\* the entry code (e.g. SUNHAT), your name and e-mail address to 48406. An SMS costs R1,50. Errors will be billed. Free SMSes don't apply

## 30 DAISY SUN HATS VALUED AT R419 EACH

A sun hat isn't just a stylish accessory, it's practical too. Awarded the Cancer Association of SA's Seal of Recognition, Emthunzini hats offer 98% protection against the harmful effects of the sun, making them a must for gardening or relaxing on the beach, around the pool or anywhere outdoors. The Daisy hat comes in two neutral colours, natural and brown, and a hidden drawstring provides a comfy fit. They're hand-washable and crushable so you can tuck them into a bag, suitcase or backpack. **ENTRY CODE: SUNHAT**



## A CHIMINEA/FIREPOT AND HAMPER FROM MEXICAN IMPORTS WORTH R6 000

Traditionally, chimineas or firepots were used to bake bread, but can be used to cook a number of dishes including pizza. Stoked up with wood and even certain garden refuse, the pot also acts as an outdoor fireplace lending ambience and radiating heat which can be felt up to 3m away. You can now spend more time outside in the evenings entertaining friends and family and also have an alternative means of cooking and heating during load-shedding. Fire pots are individually handmade from terracotta, and come with a metal stand. Each hamper includes a pizza spade, a cooking crown, three bottles of Imperial Tequila Ale, a bottle of Tajin Fruit Seasoning and a bottle of Chapala Hot Sauce. **ENTRY CODE: CHIMINEA**



## A 2,5 DIVISION COUCH WORTH R12 000

To celebrate Sit & Co.'s grand opening at 27Boxes, an innovative container centre in Melville, Jo'burg, this beautiful and comfortable 2,5 division couch is up for grabs. It suits any setting and you can dress it up to match your existing scheme with scatter cushions. The winner can also choose their own fabric from Sit & Co.'s selection. A visit to Sit & Co.'s showroom, open seven days a week, will reveal a world of decor opportunities. You can view their custom-made furniture and selected accessories, relax over a cup of coffee and discuss your decor needs including seating and fabrics to complement your home.

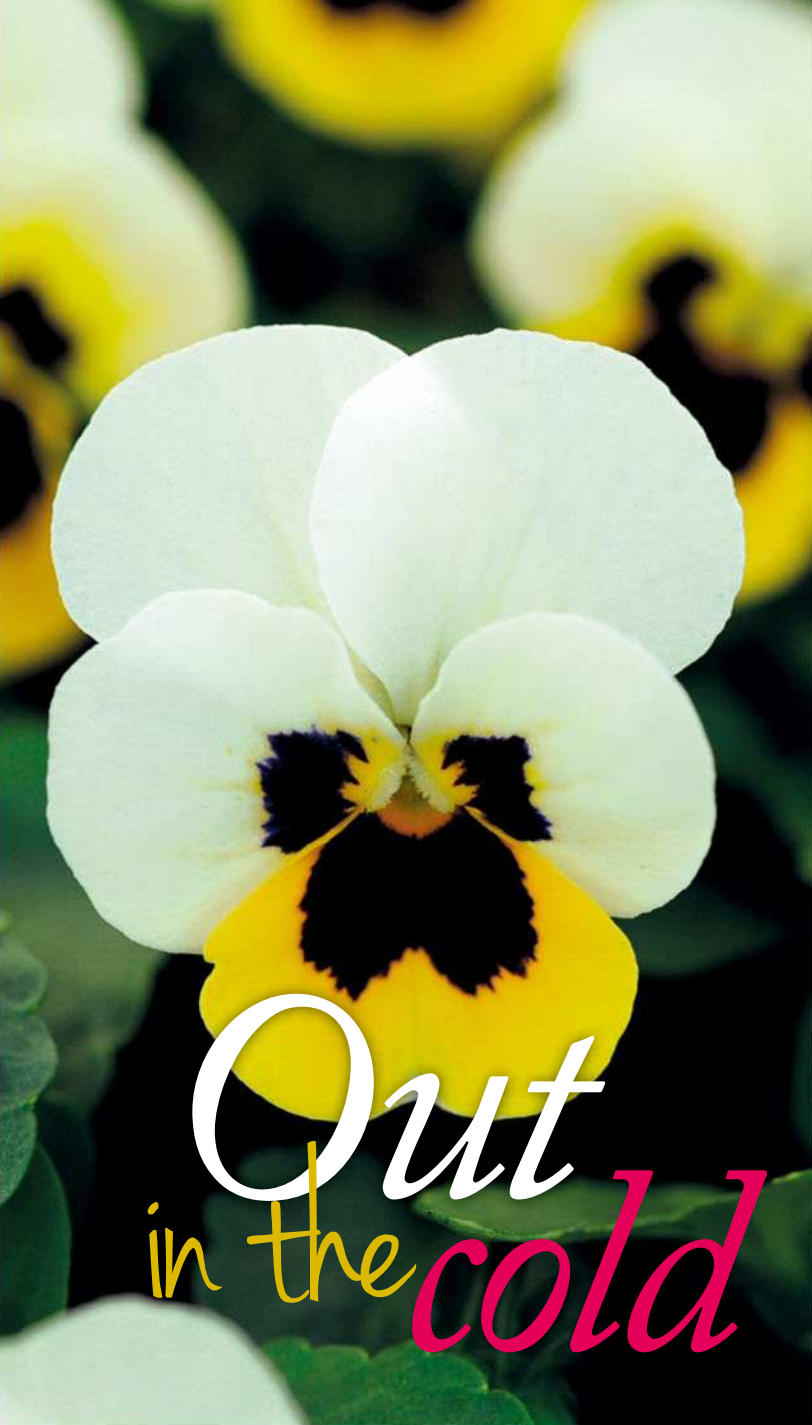
**ENTRY CODE: COUCH**



**CONTACTS** Emthunzini 022 409 2160 or [sunhats.co.za](http://sunhats.co.za) Mexican Imports [mexicanimports.co.za](http://mexicanimports.co.za) Sit & Co. [sitandco.co.za](http://sitandco.co.za)

\*TERMS AND CONDITIONS: 1. Standard terms and conditions apply. 2. An SMS costs R1,50. Errors will be billed and free SMSes do not apply. 3. Entries close on 31 July 2015. 4. It is not mandatory to supply your e-mail address with your entry. 5. Offer valid for SA residents only. 6. To comply with the Consumer Protection Act, the winners must supply their ID numbers. A maximum of 10 entries will be accepted per ID number. 7. The prizes are not transferable and cannot be converted to cash.





Enjoy gardening even in the coldest months with winter flowers that shrug off the frost. Here's a round-up of what's new in garden centres

## VIOLAS

The popular bedding Viola Sorbet Series has been tweaked. The new viola Sorbet XP including 'Lemon Ice Blotch' (pictured) now flowers earlier with a mass of blooms. Plants all grow to the same size (15–20cm high and wide) so there's no uneven growth or stretching that can spoil a mass planting effect.

**Growing tips:** Make sure the plants receive full sun in winter and afternoon shade in summer. After planting, first feed with a seaweed/kelp-based fertiliser to establish leafy growth then follow up with a potassium-rich liquid fertiliser to encourage flowering.



## PETUNIAS

A new colour has made an appearance in petunias. Petunia 'Sun Spun Orange' has velvety true orange flowers that don't fade in strong sun or wash out in dull weather. Plants grow into a 25cm-high and 40cm-wide ball covered with flowers. Compact enough for smaller gardens or medium-sized hanging baskets, it's also more mildew tolerant than other compact petunias.

**Growing tips:** Plant in full sun, in soil that drains well. Don't overwater and allow petunias to dry out between watering. This allows oxygen into the soil, forcing the plant to put down deeper roots and prevents waterlogging.

TEXT ALICE SPENSER-HIGGS  
PHOTOGRAPHS ALICE SPENSER-HIGGS  
AND SUPPLIED





## PRIMULAS

The *Primula obconica* Original Series looks like a cross between a fairy primula and a primrose and appears to have the best of both. Like the fairy primula it carries its posy of flowers well above the leaves, but the flowers are much bigger, on thicker, firmer stems. Like the primrose, the series has brightly coloured flowers including 'Red White' (pictured) and a blue picotee.

**Growing tips:** Primulas grow best in areas with morning sun, in fertile, moist soil. Water regularly and don't let the soil dry out completely. Feed every two weeks when flower heads start forming. Deadheading encourages more flowers.



## new winter-flowering plants

## PANSIES

Trailing pansies are still a novelty and the new Pansy Cool Wave Series including 'Blueberry Swirl' (pictured) and 'Red Wing' quickly fill a hanging basket or cascade over the edge of a container. Use them as a long-lasting groundcover that keeps on flowering well into summer. The flowers are smaller than normal pansies but stand up better to rain. Each plant has a spread of 60–75cm and a height of 20cm.

**Growing tips:** Pansies enjoy the same growing conditions as violas. They also like fertile, moist soil that drains well. For a longer flowering season, feed once a month with a liquid fertiliser.



## PRIMROSES

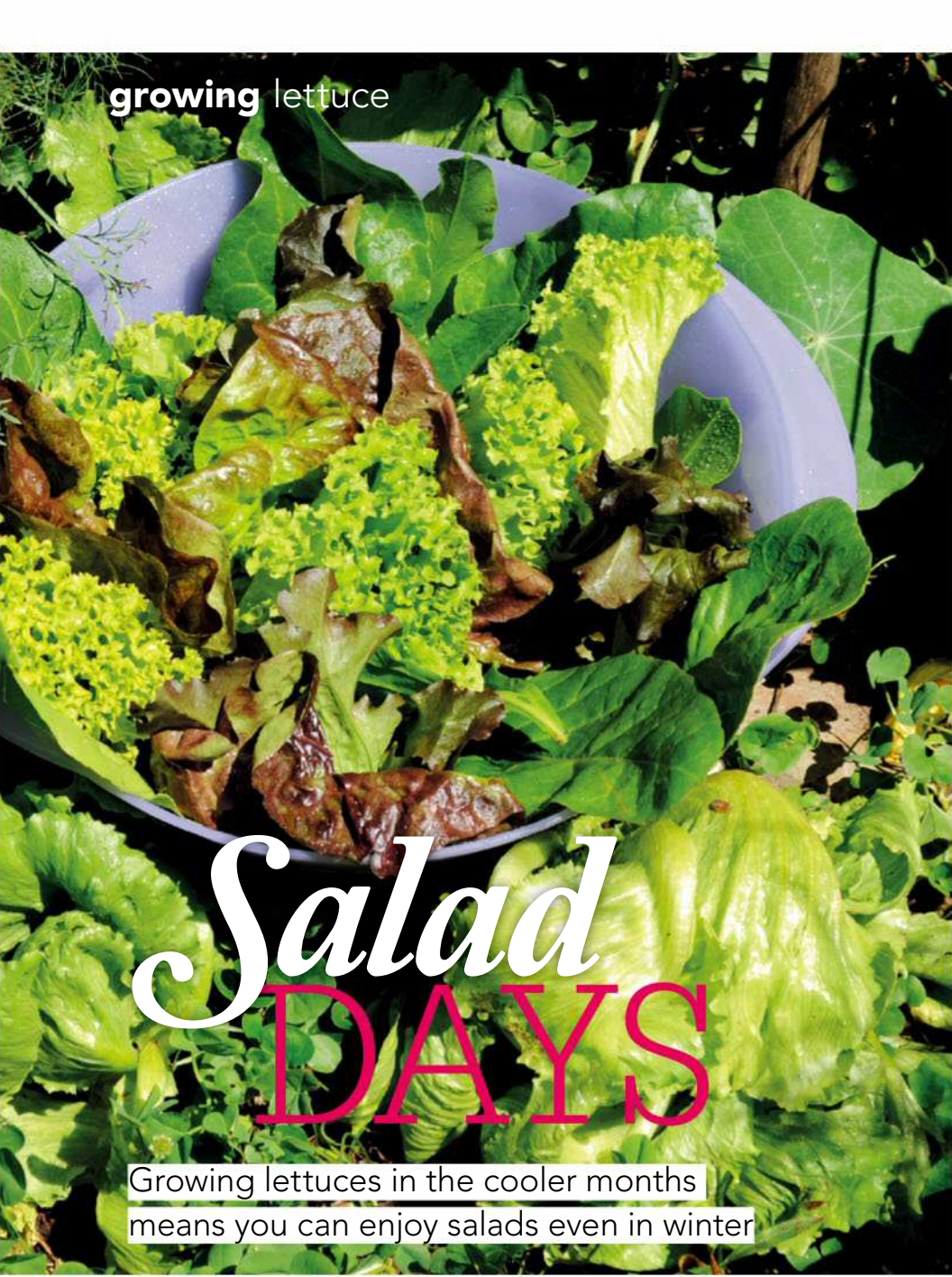
The new primrose, *Primula acaulis* 'Hethor' really enjoys the cold. The colder it gets, the better and bigger the flowers. Plants remain compact (10–15cm high). The colour range is extensive, including a clear deep blue, as well as flowers with a picotee edging ('Carnival') and a white eye ('Rose Flame').

**Growing tips:** Plants grow in areas with morning sun or light shade, liking slightly acid, fertile soil that drains well. They can also be grown indoors in good, indirect light. Space plants 15cm apart for a good show. **GH**

### SOURCE

For more information on these plants, visit **Ball Straathof** [ballstraathof.co.za](http://ballstraathof.co.za)





growing lettuce

# Salad DAYS

Growing lettuces in the cooler months means you can enjoy salads even in winter

In much of South Africa we can grow lettuces throughout the year. Using freshly picked leaves and mixing them with interesting greens, herbs and flowers casts the salad in the starring role of your meal.

If you've never grown your own, you're probably used to buying them whole from the greengrocer. However, a far more practical way of growing and harvesting lettuces and many other greens is the 'cut and come again' method where young and tender outer leaves are cut at the base from a selection of plants, leaving the growing tip in the middle (important if you want it to keep growing). Not only are these tastier, each picking encourages the plant

to produce more leaves. This provides you with far more than if you pulled out the whole plant and ate it.

There are four types of lettuces: crisphead (good old iceberg), butterhead, cos and loose-leaf.

The 'cut and come again' method works best when the plants are grown close together; the most suitable are cos and loose-leaf varieties, such as oak leaf and frilly leaf. Butterheads don't replenish themselves as quickly, but if you're selective with your harvest, they'll be fine in the mix. Crispheads work best planted wider apart on their own; they form a tight head and don't take kindly to having their protective outer layers plucked off.



Grow lettuce close together.

## GROWING TIPS

- Sow lettuce seeds all year round except for the middle of winter, when it's better to plant seedlings. In areas with really hot summers, avoid sowing seed in midsummer and place shade cloth over the top to help extend their growth period. The loose-leaf varieties tend to withstand heat better. In winter they need more sunlight during the colder months and are happy in full sun.
- During summer, lettuces like morning sun but not harsh afternoon sun which makes them bolt quickly. You can tell if a lettuce is starting to bolt by looking at the base of the leaf when you pick it: if there's milky liquid coming out, it's





Lettuce flower.



Lettuce grows well in containers as it has shallow roots.



Break the leaves off at their base.



going to seed and will taste bitter. Pull it up and compost it or leave it for seed saving; because lettuce tends to bolt during warmer weather, do successive plantings every two weeks or so.

- Mixed packets are available from seed companies or you can mix your own. When sowing for the 'cut and come again' method, choose a mixture of seeds with a variety of colours and textures.

- Lettuce seeds are small and benefit from the ground being raked smooth before sowing. Broadcast evenly and cover with a very fine layer of sieved compost. Lettuce seeds need light to germinate so don't cover them too thickly. Because you'll be harvesting the leaves when they're small, you can grow them quite close together. Even if they grow bigger, a close planting works well.

- Keep the surface moist until the seedlings appear. When transplanting seedlings, handle them very gently as they're fragile. Protect them from slugs, snails and birds. Good companions are onions, marigolds, spring onions, chard, parsley and pansies.

- Lettuces taste best if they grow quickly, which means providing plenty of water and nutrients in a well-composted soil. Drip irrigation will ensure consistent moisture.

- Cutworms love lettuce seedlings and during wet weather slugs and snails make a beeline for them. In dry weather aphids can be a nuisance.

## HARVESTING

Harvest plants early in the morning or early in the evening. Snip the leaves off with sharp scissors and rinse them in cold water to remove any dust. They're best eaten as soon as possible after harvesting but if you have some left over, store the leaves in a ziplock bag, lined with paper towels. Using a straw, fill the bag with air and seal quickly. (Seal off the sides around the straw before blowing.) They'll last in the fridge for three to four days.

## SEED SAVING

Once a lettuce has bolted it'll form clusters of small yellow flowers followed by a fluffy seed pod. It'll take about two to three weeks

for the seed to ripen after flowering. Once they're looking dry, pull the whole plant out and put it head first into a paper bag and leave to dry a little longer. Shake the seeds into the bag. Lettuce seeds keep for three to four years, as long as they're stored in a cool, dry place.

## CONTAINER PLANTING

Lettuces grow well in pots. They have shallow roots so smaller containers are suitable. The 'cut and come again' style of growing is ideal for a wide shallow container. An old drawer is easily adapted: take the handles off and reattach them on opposite sides so it's easy to pick up. Replace the wooden bottom with wire mesh. Fill it with good potting soil and sow seeds. It can be moved to a shadier spot as the summer heats up and succession planting will ensure a continual harvest. **GH**

**SOURCE** *Jane's Delicious Garden* by Jane Griffiths (Sunbird Publishers)



vintage-style tea

# TEA *Please!*

Cape Town master baker Irma Brümmer sets out a selection of delectable treats at a tea for friends



Salmon and cream cheese tart.  
Recipe on page 120.

TEXT **DIANA WEMYSS** PHOTOGRAPHS **JOHAN WILKE** THESE RECIPES ARE SUPPLIED BY THE ENTERTAINERS, AND WHILE EVERY EFFORT IS MADE TO ENSURE THEY ARE CORRECT, THEY HAVEN'T BEEN TESTED BY GARDEN AND HOME





## MENU

LEMONADE



SALMON AND CREAM  
CHEESE TART



CHIC CHOCOLATE  
CAKE



SOUR CREAM  
CAKE WITH CREAM  
CHEESE ICING



VANILLA BEAN SCONES



PETIT FOURS



Irma Brümmer's forte is baking. "Ever since I was a little girl I've been passionate about it," she says. "I love cakes, not so much to eat, but because I adore the smell and the texture. Cakes are also such happy things, always made to celebrate some special occasion."

A trained Silwood chef, Irma worked at La Colombe, Ellerman House and at Melissa's, excelling at sugar art and cake decorating. "Then my husband Kerneels took me to tea at the Mount Nelson for my birthday," she recalls. "While we were

talking about what I would like to do, career wise, I told him I'd like a little coffee shop and somewhere to continue making wedding cakes."

What followed was a highly successful career as the owner of the delightful coffee shop they started in Constantia, Cape Town. They called it High Tea and based it on what Irma loves to do – entertain her friends.

They soon discovered, however, that it was too small for the cake orders that Irma was getting. She also realised she preferred baking to 'front of house' and Kerneels,

very much a people's person, came in to run what became a small restaurant.

Today's tea for friends on the sheltered stoep of her home has all the nostalgia of the embroidered linen, pretty vintage china and a silver teapot that our grandmothers loved with a choice of some of the 11 specialist teas that she sells at High Tea, including the bestseller Rooibos and orange.

The stoep is also the perfect spot for her long wooden tea table which Irma styles with flowers and garlands. ▷





## LEMONADE

(Makes 625ml syrup)

**2½ cups sugar**

**1 cup water**

**1 cup freshly squeezed lemon juice**

**TO SERVE:**

**sparkling water**

**fresh mint and lemon slices**

1. Combine the sugar and water in a saucepan. Bring to the boil and stir until the sugar has dissolved. Boil gently for 5 minutes without stirring.
2. Cool and add the lemon juice. Store in a clean glass container in the refrigerator.
3. To serve: use ½ cup syrup to ¾ litre of water. Make a jugful of lemonade with the sparkling water adding mint and lemon slices.

## SALMON AND CREAM CHEESE TART

(Serves 6–8)

**1 roll readymade shortcrust pastry**

**1T Parmesan cheese**

**FOR THE FILLING:**

**80g smoked trout or salmon**

**1 cup cream cheese**

**1T capers, chopped**

**6 soft sundried tomatoes, chopped**

**1 green onion, sliced**

**1t dill, chopped**

**1t mustard**

**1 cup Bulgarian yogurt**

**½ cup cream**

**4 eggs**

**salt and pepper, to taste**

**TO SERVE:**

**caviar and crème fraîche**

1. Preheat the oven to 180°C. Line a 25cm cake tin with the shortcrust pastry and bake blind for 30 minutes.
2. Chop half the salmon and mix with the rest of the filling ingredients. Season with salt and pepper.
3. Sprinkle the base of the cooled pastry shell with the Parmesan cheese. Place the tin with the pastry on a baking tray and pour in the prepared filling. Bake until the egg has set.
4. Remove the tart from the



## QUICK CHAT WITH THE COOK

**No tea party is complete without** scones and cucumber sarmies. (Visit [gardenandhome.co.za](http://gardenandhome.co.za) for Irma's recipe for cucumber sandwiches.)

**My favourite kitchen gadget is** a whisk.

**If I had one cookbook it would be** *Kook & Geniet* (Human & Rousseau) by SJA de Villiers, a cookbook my grandmother used and which is still in print today.

**My store cupboard staples are** dark chocolate and pecan nuts.

**My favourite comfort food is** spaghetti Napolitana with lots of Parmesan.

**If I was stuck on a desert island with a celebrity chef** it would be Nigella Lawson or my husband who's a good hunter-gatherer, braai and surfer – very useful on an island.

**When it comes to food for my family,** we braai at least once a week or eat lasagne and Greek salad.

**The best cake I ever ate was** Ina Paarman's green fig and pecan nut cake.

oven, and when cooled, garnish with the rest of the salmon, the caviar and dollops of crème fraîche.

## CHIC CHOCOLATE CAKE

(Serves 10–12)

**FOR THE CAKE:**

**2 cups cake flour**

**1½ cups caster sugar**

**4t baking powder**

**1T cocoa, heaped**

**salt**

**4 eggs separated,**

**whites whisked**

**1 cup sunflower oil**

**1 cup boiling water**

**1t coffee powder**

**1t vanilla essence**

**FOR THE MOUSSE:**

**275g dark chocolate**

**½ cup cream**

**4 jumbo eggs, separated**

**2t gelatine**

**2T cold water**

**FOR THE CHOCOLATE COLLAR:**

**150g cooking chocolate**

**FOR THE GANACHE:**

**200g dark chocolate**

**½ cup cream**

**FOR DECORATION:**

**cocoa powder and chocolates**



## FOR IRMA'S TOP BAKING TIPS

visit [gardenandhome.co.za](http://gardenandhome.co.za)



Susan Steyn, Grace Botes  
and Liesl Brokensha

1. To make the cake: preheat the oven to 180°C.
2. Dissolve the coffee powder in the boiling water. Combine the coffee, egg yolks, oil and salt and whisk for 1 minute.
3. Sift together the flour, cocoa, and baking powder. Mix this into the oil mixture.
4. Fold the whisked egg whites in and scrape into a 25cm cake tin lined with baking paper.
5. Bake until a skewer comes out clean. Cool and cut the cake in half horizontally. Cover and set aside.
6. To make the mousse: melt the chocolate and cream in the microwave and stir. Mix in the egg yolks.
7. Sprinkle the gelatine onto the cold water and wait 5 minutes until the gelatine has absorbed all the water then melt in the microwave for 10 seconds on full power.
8. Whisk the egg whites until stiff. Stir the gelatine into the chocolate mixture and fold in the egg whites.
9. To assemble the cake: place

- one half of the cake in a lined cake tin. Pour on the mousse and place the other half of the cake on top. Place in the fridge to set overnight.
10. The next day: cut the cake loose from the sides of the cake tin with a palette knife and place it on a plate or cake board.
11. To make the chocolate collar: melt the chocolate and stir. While the chocolate is cooling, measure the height of the cake and cut a ribbon of baking paper, long enough to go round the cake, with a 5cm overlap, and high enough to form a 5mm ridge.
12. Scrape the melted chocolate onto the baking paper and smooth it out to the edges with a palette knife.
13. Let it set for a minute or two, then lift and shape around the cake. It must fit tightly around the cake.
14. To make the ganache: melt

the chocolate and cream together and stir until smooth.

15. When cool, smooth it over the cake with a palette knife and let it set. Dust with cocoa powder and decorate with chocolates of your choice.

## SOUR CREAM CAKE WITH CREAM CHEESE ICING

(Serves 12)

### FOR THE SOUR CREAM CAKE:

- 2 eggs, beaten
- 2½ cups sour cream
- 2 cups caster sugar
- 3 drops almond essence
- 3 cups cake flour
- 1t bicarbonate of soda
- ½t salt
- 1t ground cinnamon

### FOR THE CREAM CHEESE ICING:

- ½ cup cream cheese
- 4 cups icing sugar
- ½ cup butter

### 1t vanilla essence

#### TO SERVE:

#### white chocolate

1. Preheat the oven to 180°C.
  2. To make the cake: place the eggs, sour cream, sugar and almond essence in a bowl and stir with a whisk until well combined
  3. Sift the flour, bicarbonate of soda, salt and cinnamon and add gradually to the egg mixture until the batter is smooth.
  4. Pour into a greased 23cm Bundt or ring tin and bake for 1¼ hours or until a skewer comes out clean.
  5. Remove the cake from the oven and leave it in the tin for 10 minutes, before turning it out on a cooling rack.
  6. To make the icing: beat the ingredients together until light and fluffy. Frost the cooled cake with the icing and decorate with white chocolate curls.
- COOK'S NOTE:** This dense, richly flavoured cake keeps well in an airtight container. ▷





## VANILLA BEAN SCONES

(Makes 16)

**2½ cups self-raising flour**

**1T caster sugar**

**2T butter**

**¾ cup milk**

**½ cup water**

**1 vanilla bean**

### TO SERVE:

**1¼ cups thick cream**

**1T icing sugar**

**¾ cup strawberry jam**

**½ punnet strawberries**

1. Preheat your oven to 200°C and grease a baking tray.
2. Sift flour and caster sugar in a large bowl and rub in the butter.
3. Combine the milk and water in a medium-sized jug.
4. Split the vanilla bean open and scrape the seeds into the milk mixture; use a knife to fold the milk mixture through the flour to make a sticky dough.
5. Turn the dough out on a floured surface and knead gently until smooth. Press it out and cut

into rounds using a scone cutter.

6. Place the scones on the greased tin, paint them with a little milk and then bake for about 20 minutes.
7. To serve: beat the cream and icing sugar in a small bowl with an electric beater until soft peaks form.
8. Split the scones in half and serve with jam and the cream mixture and decorate with sliced strawberries.

## PETIT FOURS

(Makes 40)

**1 vanilla sponge cake, baked in a square tin**

**smooth apricot jam**

**250g marzipan**

**icing sugar, to dust**

**small cupcake holders**

### FOR THE ICING:

**9 cups sifted icing sugar**

**½ cup corn syrup**

**½ cup water**

**½t almond essence**

### TO SERVE:

**sugar decorations**



1. When the sponge cake has cooled down, cut it into 3 even layers.
2. Line a baking tray with baking paper.
3. Place a layer of cake on the baking tray. Warm the apricot jam and brush the cake evenly with a third of the jam. Continue with the other 2 layers, brushing each with jam.
4. Roll out the marzipan and place over the top of the cake, trimming the edges with a palette knife.
5. Dust the marzipan with icing sugar, cover with cling film and place another baking tray on top. Weigh it down with a brick covered with foil or any other heavy object. Chill overnight.
6. Remove the weight and cling film and invert the cake onto a cutting board. Cut the cake into small squares and stand them on a wire rack, marzipan side up.
7. To make the icing: mix the

- sifted icing sugar, corn syrup, almond essence and water; you'll need to heat it in the microwave.
8. Stir to form a smooth paste, adding a little water to obtain a pouring consistency, if necessary.
9. Stand the wire rack over a tray to catch the excess icing then spoon the icing over the cakes making sure to cover the sides.
10. Ice as many cakes as possible then reheat the excess icing from the tray, adding more water, if necessary.
11. Place the cakes in small cupcake holders pasting them to the sides of the cakes. Leave to set at room temperature and decorate with small sugar decorations.

**COOK'S TIP:** Prepare the cake part two days before it's required. Ice and decorate up to a day before serving. **GH**

**SOURCE** High Tea 021 797 1421 or [hightea.co.za](http://hightea.co.za)





## Do you suffer from:

- painful and tired legs?
- heavy and swollen legs?
- tension and tingling in the legs?

**South Africa's No.1**

**Leg Health Specialist<sup>1</sup>**



**These are the symptoms of a common condition called Chronic Venous Insufficiency (CVI).**

With the onset of vein disease, veins become dilated and the venous valves, responsible for the blood-flow to the heart, no longer close properly. In many cases the venous valves remain open and the blood accumulates in the dilated vein. As a result, the blood flows back in the vein and pools in the leg tissue, causing swelling, pain and discomfort.

### **Why it's important to maintain healthy veins?**

CVI symptoms could be an early sign of an underlying condition that may progress and result in further deterioration, for example, varicose veins or leg ulcers that can limit your mobility and enjoyment of life.

**Antistax<sup>®</sup> is clinically proven to relieve these symptoms over a 12 week period.<sup>2</sup> It contains a unique extract of Red Vine Leaf AS 195 (Bio-Active Flaven), which strengthens and protects the vein walls thereby improving blood flow.**



**Listen to your Legs – Take Antistax<sup>®</sup>**

**One tablet EVERY DAY | Effective results within 12 weeks<sup>2</sup>**



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Get a taste of what's new in the culinary world

## Sweet SEDUCTION

Nomu's selection of drinking chocolates are pure indulgence, from the ultra-luxe Decadent Hot Chocolate with real dark chocolate pieces, to the health-conscious Skinny Hot Chocolate. You'll find the recipe for the gorgeous Dark Chocolate and Salted Caramel Tart (pictured above) on our website [gardenandhome.co.za](http://gardenandhome.co.za) and visit [nomu.co.za](http://nomu.co.za) for a host of other chocolate-inspired treats.



## Take your pickle

Smoked Garlic & Chilli Pickle, R55, from boutique Stellenbosch food producer, Chaloner, in collaboration with renowned chef Bertus Basson, is sublime. Try it with roast chicken topped with a generous squeeze of lemon juice. Visit [chaloner.co.za](http://chaloner.co.za) for more tempting recipes.

## Gourmet gander

Take a virtual stroll through some of South Africa's favourite markets and discover local food recipes in *Market Food South Africa* (Bookstorm) by mother and daughters, Dianne Stewart, Lissa Stewart and Jessica Cairns, R295. We're giving away two copies of this book. To enter, visit our website [gardenandhome.co.za](http://gardenandhome.co.za)



## ROBUST REDS

Rich red wines are ideal on a chilly winter's day. ● **Saronsberg Seismic 2009**, R245, a classic Bordeaux-style wine, is superb with a rack of lamb. ● **Fable Night Sky 2012**, R200, a blend of Syrah, Grenache and Mourvèdre is rich and spicy and a robust partner for an oxtail stew. ● **Beyerskloof Faith 2011**, R550, is a fine integration of Pinotage, Cabernet Sauvignon and Merlot. Try it with a bone marrow-topped steak.



## Top of THE LIST

Pesto makes a delicious instant topping for a steaming bowl of pasta. Mediterranean Delicacies' range, in 125g containers, includes Basil, Coriander and Chunky Sun-Dried Tomato. They're available at Pick n Pay, Checkers, Spar and Foodlovers Market.

## Tea time

The soothing flavour of your favourite tea will taste even better when made in Eetrite's cast iron tetsubin tea infusers, R2 249,99 each. Available from Binuns, Pretoria; HOME etc; Kloppers, Bloemfontein and Adams, Gauteng.



## WHAT'S ON

### 3 and 4 JULY Delheim's Wild Mushroom Hunts

Hands-on mushroom foraging is followed by a three-course mushroom-themed meal at Delheim Wine Estate in Stellenbosch. For bookings, call 021 888 4600 or e-mail [info@delheim.com](mailto:info@delheim.com)

### 26 JULY and 1 AUGUST Street Food Festival

Showcasing some of the South Africa's favourite street foods. This festival also has an optional Food Entrepreneur Conference. Follow #StreetFoodZA on Twitter for updates. 26 July in Cape Town at Side Street Studios in Woodstock and 1 August in Jo'burg at the Hazard Gallery, Arts on Main in the Maboneng Precinct. Tickets are available from [quicket.co.za](http://quicket.co.za)

### 30 - 31 JULY Free State Wine Festival

Taste some of South Africa's favourite wines, plus gourmet foods at the Emoya Luxury Hotel & Spa in Bloemfontein. Tickets cost R150 per adult and are available at [Computicket](http://Computicket.com). Visit [outsorceress.co.za](http://outsorceress.co.za)



keep your lettuce  
**fresh up to 3x longer\***



—**NEW!**—

**1.5x TIGHTER SEAL\*** FOR LONG-LASTING FRESHNESS



**ClingWrap**

**30** METRES  
x 33cm



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Learn more at [glad.com](http://glad.com)  
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appearance compared to no protection NI-27421  
\*Up to 1.5x (or 50%) improvement in  
Glad cling film to Glad cling film seal



effortless entertaining

# Up the flavour

A colourful combination of tasty ingredients and garnishes make these easy-to-prepare meals even more enticing





## EASY INDIAN BUTTER CHICKEN

(Serves 6)

### FOR THE CHICKEN:

45ml butter  
1 onion, peeled and diced  
2 garlic cloves, crushed  
15ml fresh ginger, grated  
600g boneless chicken thigh pieces  
15ml mild or medium curry powder  
410g tin crushed tomatoes  
410g tin tomato soup  
150ml fresh cream  
salt and freshly ground black pepper  
10g fresh coriander leaves

### FOR THE MANGO CHUTNEY:

250g thick plain yoghurt  
5ml fresh ginger, finely grated  
1ml ground ginger  
1ml cayenne pepper  
1 mango or 1 tin mangoes, drained and chopped  
1 red chilli, sliced (optional)

### FOR THE ROASTED TOMATO RAITA:

250g assorted cherry tomatoes, halved  
10ml olive oil  
salt and freshly ground black pepper  
½ red onion, peeled and diced  
10ml red wine vinegar  
1 red chilli, finely chopped  
20g fresh coriander leaves, roughly chopped

### TO SERVE:

fresh coriander  
naan bread

1. To make the mango chutney: combine all the ingredients and chill in the fridge.
2. To make the roasted tomato raita: preheat the oven to 180°C.
3. Place the tomatoes on a baking tray and drizzle with olive oil and season with salt and pepper. Roast the tomatoes for 8–10 minutes and remove from the oven.
4. Mix the remaining ingredients together in a bowl. Add the tomatoes, mix well and let stand for at least 10 minutes before serving.
5. To make the butter chicken: heat the butter in a pan and gently fry the onion for 3 minutes. Add the garlic and ginger and cook for 1 minute.
6. Increase the heat and add the chicken and curry powder and fry for 3–4 minutes, until golden.
7. Stir in the crushed tomatoes and cook for



### LIKE A SHOPPING LIST?

Visit [gardenandhome.co.za](http://gardenandhome.co.za) and go to Our Mag, then Current Issue to download the shopping list for this menu.

5–7 minutes. Add the soup and cream and simmer for a further 5 minutes.

8. Season and garnish with coriander leaves before serving with the mango chutney, roasted tomato raita and naan bread.

## BEETROOT CARPACCIO

(Serves 6)

400g whole beetroot or golden beetroot  
10ml olive oil  
salt and freshly ground black pepper

### FOR THE CITRUS-SPIKED DRESSING:

1 garlic clove, crushed  
5ml Dijon mustard  
2ml cayenne pepper  
15ml white wine vinegar  
10ml honey  
5ml orange zest  
15ml orange juice  
45ml olive oil  
5ml fresh thyme leaves  
salt and freshly ground black pepper

### TO SERVE:

20g watercress, torn  
6 radishes, sliced  
40g pomegranate rubies  
sprouts or micro herbs

1. To make the citrus-spiked dressing: combine the garlic, mustard, cayenne

pepper, vinegar and honey together in a small bowl.

2. Whisk in the orange zest and juice.

3. Gradually add the olive oil and thyme leaves. Season with salt and pepper and set aside until ready to use.

4. To make the beetroot: preheat the oven to 180°C.

5. Clean and trim the whole beetroots and rub the olive oil all over the skin. Season well with salt and pepper.

6. Wrap each beetroot in foil and place in a single layer on a baking tray. Roast for 35–45 minutes or until they're tender.

7. Allow to cool completely and peel away the outer skin. Use a mandolin or a very sharp knife to slice them into wafer-thin slices.

8. To serve: arrange the beetroot, slices overlapping on a flat serving dish. Drizzle the dressing over the beetroot and top with watercress, sliced radishes, pomegranate rubies and sprouts or micro herbs.

9. Serve as a starter or an accompaniment to a main meal.

**COOK'S NOTE:** For a more substantial dish, add some slices of goat's cheese and serve with hot, crusty bread. For added flavour and colour, garnish the salad with orange or grapefruit segments. **GH**



# TURKISH *delight*

The centre of the ancient Ottoman Empire, where old meets new, Turkey has more to offer than ancient ruins as Marianne Alexander discovers

**T**urkey was never on our bucket list. Although we were aware of its remarkable history, we'd never appreciated just how much this country, at the meeting point of Asia and Europe, has to offer travellers. It's impossible to see everything in such a short time so we were quite selective with our must-do list.

Friends offered advice on the best way to travel around Turkey. Some recommended

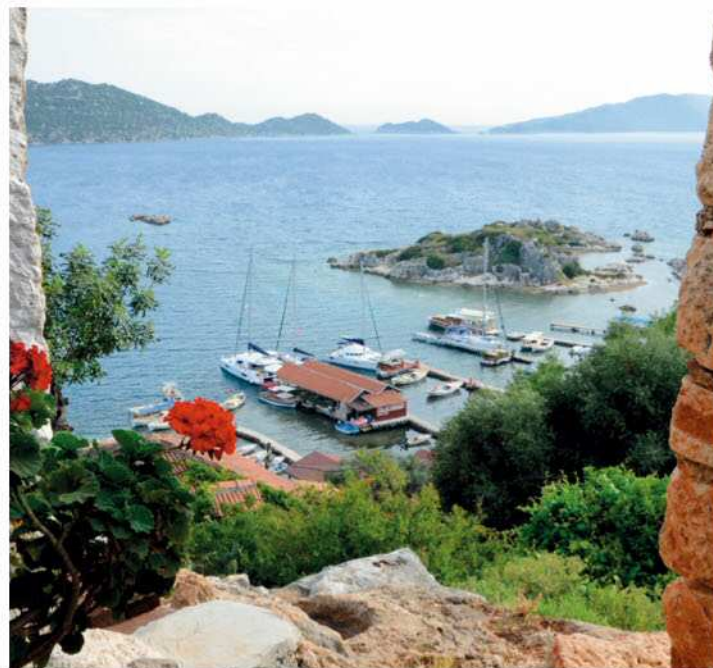
organised bus tours, but we felt we wanted more freedom. In the end a Turkish travel agent in Istanbul arranged everything for us, from transport and accommodation to mini tours in each region. We stayed in small, local hotels where we could interact with the owners and other guests, had many memorable evening meals at local restaurants and on our tours mixed with other travellers from around the world. Could we have done it on our own? Yes but

this way we saw what we wanted without any stress.

After a couple of days in Istanbul, where we got our first taste of the culture, food and the rich history of the country, we flew to Izmir where a guide was waiting to drive us inland to Ephesus. This ancient city, which had a population of over 200 000 during the Roman times was once a busy port, but silting of the river mouth led to its decline and it's now 5km from the sea.







Ephesus is best known for its impressive Great Theatre and the Celsus Library, completed in 135 AD, which housed thousands of parchment and papyrus scrolls. As we walked along the marble Arcadian Way past fallen columns and pillars, arched passageways and statues, it was incredible to think that we were following in the footsteps of people like Alexander the Great, the apostle Paul and Mark Antony and Cleopatra.

After lunch in an old farmhouse we watched as the local women wound silk from the cocoons of silkworms then we took a picturesque route back to the coast. This led through pine-forested hills where we stopped at the old stone House of the Virgin Mary, a peaceful place of pilgrimage for Christians.

In the coastal town of Kusadasi, our

smiling host for the night, 'Mr Happy', was true to his name and we enjoyed the first of many rooftop meals as we watched the sunset over Pigeon Island with its illuminated castle. ▷

**THIS SPREAD, CLOCKWISE FROM FAR LEFT:** ● Pigeon Island near Kusadasi. ● The famous Celsus Library in Ephesus was built in 110 AD by Gaius Julius Aquila for his father Tiberius Julius Celsus Polemaeanus, who was buried here. ● Looking down from the ramparts of the Crusader castle above the pretty village of Kaleköy. ● Alfresco dining overlooking the harbour of Antalya. ● At Pamukkale ('cotton castles') on the North Anatolian fault, tourists come to relax in the warm water of the terraces or the thermal spring in the antique pool.

## MARIANNE'S TRAVEL TIPS

**MUST-SEE SIGHTS:** The ancient city of Ephesus and the Cappadocian landscapes and churches.

### **MOST DELICIOUS BITE:**

The healthy breakfasts which included eggs, sometimes quail eggs, yoghurt, nuts and dried and fresh fruit, an assortment of olives, red peppers and aubergines.

**ESSENTIAL ITEMS TO PACK:** Swimming costume, light sarong and a brolly and hat for the sun.

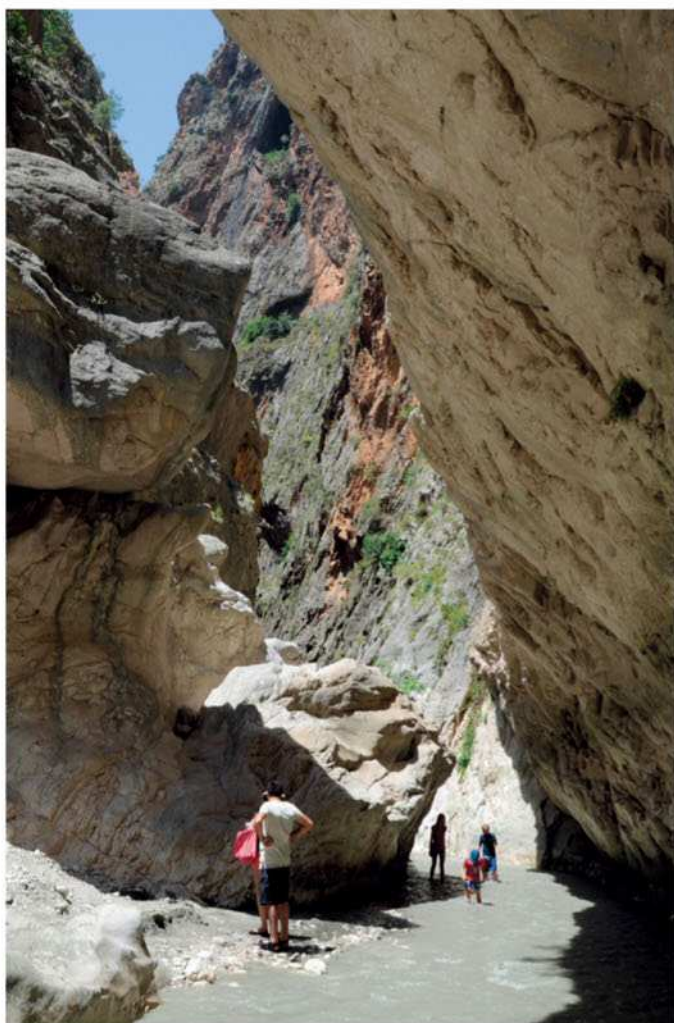
**NEED-TO-KNOW LINGO:** *Lutfen* (please), *ne kada?* (how much?) and *indirim* (discount).

**BEST SURVIVAL TIP:** Ask the locals where they eat out. This way you avoid touristy places.

**MUST READ:** The novel *Birds Without Wings* (Random House) by Louis de Bernières for a look at Turkish history.







A two-hour drive the next morning to Pamukkale, which means 'cotton castle', took us up a wide fertile river valley, where green swathes of maize and wheat were interspersed with fields of fresh white poppies. This amazing wonderland of terraced, white travertine pools cascading down the hillside was formed by deposits of calcium carbonate in the water which emerges from a thermal spring.

Although we'd heard much about these 'cotton castles' and seen pictures, nothing prepared us for their size and intense colours; they were also a sobering reminder that much of Turkey is on a geological zone subject to frequent earthquakes.

In hindsight it would have been better to spend the night close by so we could explore the ruins of the nearby ancient city of Hierapolis in the cool of the day and

see the terraces change colour as the sun set instead of taking a local bus down to Fethiye on the coast.

On the Jeep trip into the mountains behind Fethiye the following day, water fights with the occupants of the other Jeeps in the group kept us cool as we wound up narrow roads to another natural wonder, the Saklikent Gorge.

To get into this narrow gorge with its towering 300m-high cliffs and natural springs, one has to negotiate a narrow chain walkway suspended over the rushing water. Once in the gorge, it's possible to explore a kilometre or two further upstream by criss-crossing the stream.

After a lunch of fresh trout, grilled to perfection on a braai, we relaxed on ottomans by the stream while the youngsters and more energetic went

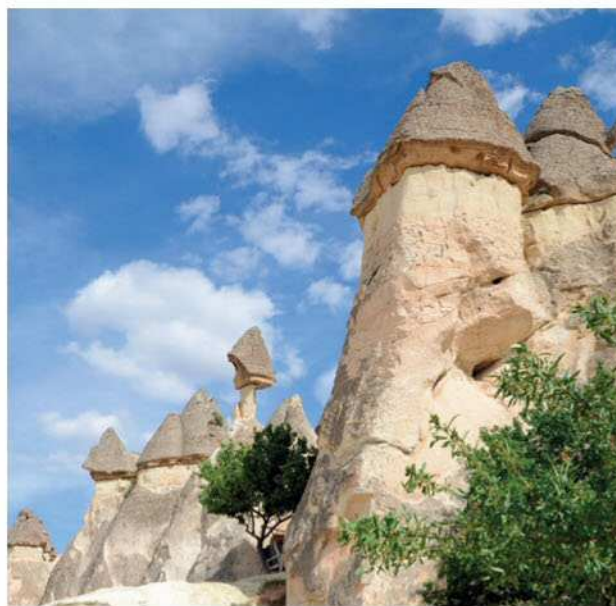
tubing downstream. There was also the option of visiting Kayaköy, a deserted village once home to the Greeks, who were forcibly removed during the population exchange between Greece and Turkey in 1923.

The quaint harbour of Kas with its rows of picturesque boats lined up against the quay was our base for a couple of days. Here, there was time to relax, swim in the blue Aegean Sea, climb up to the Lycian tombs cut into the rock face and browse through some wonderful upmarket boutiques. We also found Mama's Kitchen, a delightful restaurant overlooking the harbour.

It was at Kas that we boarded our gulet, a wooden, motorised yacht for a couple of days' sailing between the offshore islands. We enjoyed the company of

**THIS SPREAD, CLOCKWISE FROM TOP LEFT:** ● The Saklikent Gorge, the second-largest gorge in Europe and the longest and deepest in Turkey, can only be accessed by a narrow suspended bridge. ● The picturesque harbour at Kas. ● Boats line the harbour at Kas. ● The old Hidirlik Tower, in Antalya. ● Wind and rain have created amazing rock formations in the valley at Ürgüp in Cappadocia. ● The fairy-tale landscape of Cappadocia where the chimneys are topped with basalt caps formed by the erosion of the soft rock which lies under a layer of hard volcanic rock. ● We were never pressurised to buy carpets from the women who, in addition to traditional carpets, also designed those for contemporary homes. ● *Flora*, our gulet and home for a couple of nights' cruising. ● A selection of beautiful plates in a narrow alley in Kaleköy.





## PLANNING YOUR TRIP

**GETTING THERE:** Turkish Airlines flies directly to Istanbul. By booking our trip via Rome we got the add-on to Rome and back for just R400 extra. Our internal itinerary was arranged by Road Runner [roadrunnertravel.net](http://roadrunnertravel.net)

**GETTING AROUND:** We travelled by taxi so we were able to stop where we wanted. Local buses travel at a safe speed and stop at roadside cafés to pick up local farmers and villagers.

**WHERE TO STAY:** Pensions, the European equivalent of B&Bs.

**WHEN TO GO:** Autumn (September – mid-November) and spring (April – June) are the best months, but for beach holidays along the Mediterranean coast, July.

**VISAS:** Before arrival, an e-visa must be obtained, via the internet, [evisa.gov.tr/en/](http://evisa.gov.tr/en/). It cost us about \$10 (about R120).

younger travellers from around the world, swimming in the aquamarine waters, kayaking and watching turtles glide past.

The highlight was cruising slowly over the site of the sunken city of Batik Şehir off Kekova Island where you can make out steps under the water going down into the ruins, various buildings and the harbour walls. There was also time to climb to the ramparts of the crusader castle above the pretty village of Kaleköy where, although it's a popular tourist destination, the locals were happy to chat to us while we enjoyed a cup of real Turkish coffee.

After landing at Demre, where St Nicholas was bishop during the 4th century, we took a local bus through the mountains to Antalya. En route we passed Olympos where a 20-minute walk takes you to a chimaera, where flames emerge from a crack in the earth.

We loved the old fortified quarter of Kaleiçi in Antalya with its narrow streets, mosques, minarets and hamams (baths), so opted out of a trip to see more ruins at Aspendos and Perge. Instead we caught a local bus, wandered back along the cliff-top

path, paused to view wedding parties being photographed near the old Hidirlik Tower and watched the constant procession of boats taking tourists out to sea. In the evenings we savoured the traditional food at a tiny pop-up Pupa restaurant.

We saved the best for last, the extraordinary rock formations of Cappadocia, and although our hot air balloon ride, for which this area is famous, was rained out, we were fascinated by what we saw from the ground. In places, centuries of erosion have shaped the soft rocks into tall cones, columns and fairy tale-like mushrooms some of which have been carved out to create multi-storey homes and churches. In other areas whole cities, some descending as much as eight floors, were excavated as a means of protection and to enable the people to follow the religion of their choice without fear of persecution.

The Goreme Open-Air Museum, where we visited churches carved out of the rocks and decorated with painted images, was yet another fascinating experience to look back on. **GH**



# COLLECTING ANTIQUE CAPE FURNITURE WITH *Ian McMillan*

Coming from a long line of avid collectors, this 30-something Capetonian favours Cape furniture from the 18th and 19th centuries

**M**ost newly married couples tend to prefer 20th-century modern or vintage pieces. Not so Ian McMillan, 34, owner of McMillan's Bricks in Paarl. With the enthusiastic support of his Lithuanian-born wife Neringa, Ian started collecting Cape furniture and domestic accessories three years ago when the couple got married and bought their first house in Paarl.

Ian decided to speculate in this area because of the investment value and also because these pieces are more readily available. "You just can't buy modern pieces by designers such as Eileen Gray in this country, well not genuine pieces, and if you did, they cost an enormous amount," explains Ian who comes from a family of collectors. His grandfather, who founded the family brickmaking business in 1947, was a collector of Cape furniture and glass while Ian's father chose antique guns as his field.



**ABOVE, FROM LEFT TO RIGHT:** ● Prized in Ian's collection is this stinkwood tolletjie chair, c. 1750. ● A very rare copper tart pan marked with the maker's name, Lawton, Cape Town. This family business, passed from father to sons, had immense influence on the 19th-century copper smithing industry. Tiny piercings in the lid and the base ensure an authentic and an identical match.

## A BRIEF HISTORY OF CAPE FURNITURE

The Cape's unique position as a victualing station for ships bound for the East meant there was a dual influence on the small settlement. The average burgher had access to objects such as oriental ceramics, Indian cotton and Chinese wallpaper that only the very wealthy in Europe could own. This also influenced furniture designs.

Space on ships was limited so early settlers could bring little with them. What they did bring were European styles and tastes and the skills to manufacture what they needed. From as early as 1680, Cape homes displayed individuality.

Historian and antiques dealer Jo-Marie Rabe, in her book *Cape Furniture Styles 1652 – 1900* (Piér Rabe Antiques), divides these four centuries into very distinct periods: Cape Renaissance Classicism (1652 to 1720), Cape Baroque (1680 to 1780), Cape Rococo (1750 to 1800),

Cape Neoclassicism (1785 to 1840) and Cape Regency (1820 to 1900). From around 1700, indigenous woods used included yellowwood and stinkwood as well as softer fruit woods. Cabinetmakers often used different woods in a single piece.

Furniture also varied in style from more sophisticated town items to simpler country pieces. Patrician furniture, as it is termed, was made for important officials who wanted the most fashionable styles of the time. Country pieces were often more simply made and are sought after today for their rustic charm and individuality.

Before 1900, furniture was made in a workshop by a small group or a single craftsman who produced the finished product. From around the beginning of the 20th century, furniture was factory made and created on an assembly line with different components made by various people then put together and finished by others.



## TIPS FOR ASPIRING COLLECTORS

"It's definitely a buyers' market and a very good time to buy," says Jo-Marie Rabe of Piér Rabe Antiques, historian and dealer in Cape furniture. "As good pieces become harder to find so prices rise for serious items."

- "Facts are your friend. Arm yourself with information. Look at pieces and touch them whenever you can to get to know what patina looks and feels like," maintains Jo-Marie.
- Price, she says, is determined by four things: quality, condition, rarity and provenance. Workshop pieces which have individual character are unique and this is where prices can vary considerably – the finer the workmanship, the finer the piece and the higher the price.
- Make friends with a dealer you trust and who can guide you as well as help you to improve your collection. Some dealers will offer a buy-back guarantee which is extremely valuable in terms of developing a collection.

### BELOW, FROM LEFT TO RIGHT:

- A beautiful pickle balie with lid, c. 1900.
- A child's yellowwood chair with riempie seat, c. 1880 – 1900.



Not that Cape antiques are cheap; far from it. A good yellowwood or stinkwood kist can set you back R12 000 and a smallish balie (a wooden bucket or container usually bound with brass), R3 000. But compare those prices with new, modern items and you're investing rather than squandering, maintains Ian. "I have a wonderful mentor in my cousin Andrew Milne who's an avid collector of Cape antiques," he says. "It's vital to be able to ask an objective person when you're buying."


One of Ian's prize pieces is a Cape neoclassical split-splat chair with a drop-in caned seat, bequeathed to him by his grandfather. Ian has since added seven similar chairs to his collection which he uses around a stained farmhouse-style pine table, c. 1900.

The first piece he bought was a yellowwood kist. "I traded it back to the dealer," he says. "That's really what I'd like to do – trade up – as my knowledge increases and my taste becomes more informed." Ian's particular preference is for pieces in wood



**ABOVE, CLOCKWISE FROM TOP LEFT:** ● Butter bowl, c. 1850 with two protea wood butter scoops. ● A stinkwood split-splat chair bequeathed to Ian by his grandfather. ● This brickmaker's mould, c. 1900, is an appropriate item for Ian's collection. ● Rare light-coloured stinkwood kist with ironwork. ● A yellowwood kist with wonderful patina. Kists were used for transporting possessions and designed with sloping sides to fit more easily on a wagon. They were also used as seats.

with metal, such as the two very rare kists with metal hinges, handles and studs in his collection. Another prize in his yet embryonic collection is a 1750 toletjie chair (a spindle chair with a riempie seat) in stinkwood. One of the seat rails had to be repaired, but Ian was insistent that no pieces should be replaced.

Ian keeps meticulous records of each purchase: when bought, from whom and how much it cost. "Most dealers will give you a full description when they sell you a piece," he says. "I've collected very quickly, but I love to buy pieces that we can use," he says. Ian keeps a very close eye on his collection and has his own restorer. "Cleaning and restoration have to be done sensitively. I have my own polishing kit and at weekends I work on one or two pieces so that each gets properly cleaned at least once a year." 

**SOURCE** Piér Rabe Antiques 021 883 9730 or pierrabe.com



# Treasure chest

What are your collectables worth?

## FIND OF THE MONTH

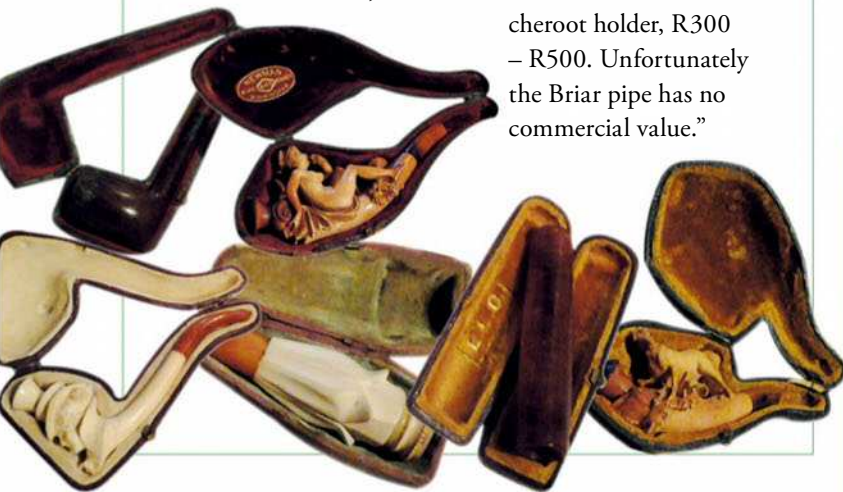
*I have a collection of pipes and their holders that belonged to my grandfather who died more than 80 years ago. Can you tell me more about them and their value?*

**Frieda Nieuwoudt, Bronkhorstspuit**

“What a wonderful collection of tobacciana,” says Paul Myson of Provenance Auction House. “It comprises smoking pipes and cheroot holders. The light coloured ones are fashioned from meerschaum (a clay-like material made from hydrous magnesium silicate) and the darker cheroot holder from amber. They were all made between 1870 – 1920 when there was widespread use of pipes in Germany and Austria. It was very fashionable at the time to have an ornate pipe or cheroot holder. The earliest known use of meerschaum for pipe making is in 1723.

“This collection seems to have some condition issues, such as cracked amber mouthpieces.

I would appraise the pipes as follows: nude maiden, R2 000 – R3 000; hound, R1 200 – R1 800; pair of figural busts, R1 200 – R1 800; amber cheroot holder, R250 – R350 and the meerschaum cheroot holder, R300 – R500. Unfortunately the Briar pipe has no commercial value.”



**EXPERT TIP:** “THE MORE ELABORATE THE CARVING THE MORE VALUABLE THE PIPE. RARE SUBJECT MATTER SUCH AS SKULLS, NUDE MAIDENS AND CONTROVERSIAL SUBJECTS ALSO MAKE THE PIPES MORE VALUABLE,” SAYS PAUL MYSON

### THANKS TO OUR SPECIALISTS:

**Emma Bedford** Strauss & Co 083 391 7235 or [straussart.co.za](http://straussart.co.za)

**Paul Myson** Provenance Auction House 021 461 8009 or [provenanceart.co.za](http://provenanceart.co.za) **Clyde Terry** Clyde on 4th 011 482 3266

*I'd like to know more about these two Wedgwood jars and their value. They're 9,5cm high and are in excellent condition.*

**Robin Dyson, via e-mail**



Clyde Terry of Clyde on 4th says, “Josiah Wedgwood was one of the most dominant forces in the ceramics industry in England in the 18th century. Perhaps the most famous of all his products was the jasperware produced from 1776 in blue, sage green, olive green, black and occasionally yellow but Wedgwood blue is the best known. Jasperware was imitated by many other potters and is known for its solid colouring with applied relief in white. This pair of green jasperware Wedgwood vases is worth R900.”

*We would like to obtain a valuation for this oil painting by Corrado Padovani that we inherited from my late Italian grandmother.*

**Leigh-Ann Potgieter, Port Elizabeth**



“Although the South African art market is buoyant, this is only for well-known artists and not for works by unknown or uncatalogued artists,” explains Emma Bedford, senior art specialist at Strauss & Co.

“Corrado Padovani isn't an artist we can trace, other than that a painter of that name was born in Italy in 1886. The reputable auction record websites to which we subscribe offer no auction results for this artist. In other words, his paintings may be available online or through commercial outlets but not at reputable auction houses. In our opinion, this painting would be of decorative value only.”

## WRITE IN AND WIN

EVERY MONTH we give away a \*prize for the most valuable or interesting antique item sent in. Congratulations to **Frieda Nieuwoudt** who's won two cases of 2015 Van Loveren Sauvignon Blanc worth R600 as well as a surprise hamper of Van Loveren products. The first of their wines with the new Van Loveren label, this crisp and fruity Sauvignon Blanc has gooseberry and green fig flavours and is delicious with seared tuna and fresh oysters or just enjoy it on its own. Visit [vanloveren.co.za](http://vanloveren.co.za)

### SUBMISSION GUIDELINES

Send in clear photographs of collectable items to Treasure Chest, SA Garden and Home, Box 3124, Parklands 2121. Due to the volume of mail we are unable to respond personally or return photographs. Send e-mail submissions to [gardenhome@caxton.co.za](mailto:gardenhome@caxton.co.za). Pictures must be sent as separate attachments at a size between 1MB–2MB. Only one submission per reader will be accepted. For guidelines on the best way to take your photos for Treasure Chest, visit [gardenandhome.co.za](http://gardenandhome.co.za)







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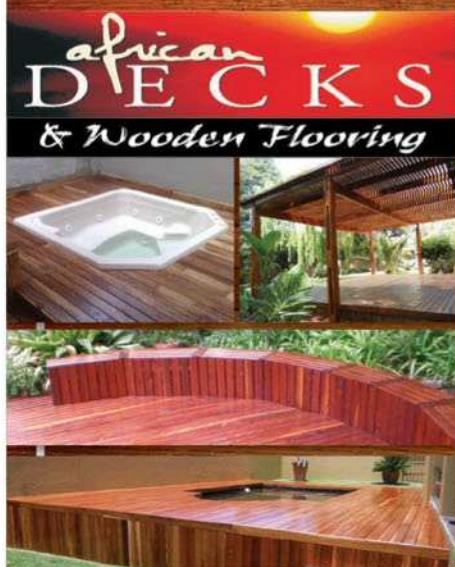
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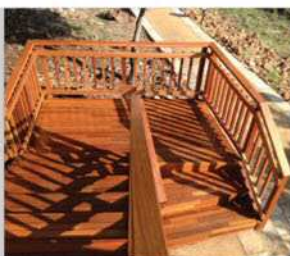
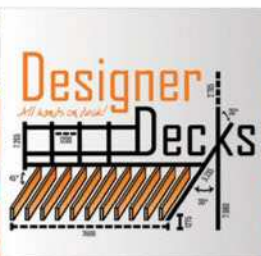
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## Flower Arranging *with Sandy Rogers* *Christmas in July*

Learn how to wrap boxes, parcels, arrange on bottles and make crackers. Christmas flowers to adorn your home - plus Christmas wreaths for tables and walls. Fresh and dry materials to be used

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• Venue: Multiflora-Jhb • Cost: R1 800.00  
Sandy 073 682 3385 or Annette 083 461 6306  
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## Beginning with Flowers

This three-day introductory workshop designed to initiate you into the art of floral arranging and teach you the basics. Sandy will show you how to grade, buy and condition flowers, the use of foliage as well as colour texture, shape and movement when arranging. There will be demonstrations each day and after lunch you will have the opportunity to put your skills to practice.

• Dates: August 19-20-21 2015  
• Venue: Multiflora-Jhb • Cost: R1 800.00  
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Bookings must be booked + paid for 1 week prior to commencement date. Cost of materials excluded.

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last word on style

# HIGH FIVE

Haidee Kramer, founder of Dreamweaver Studios in Kramerville, Jo'burg, the exclusive distributor of top global wallpaper and fabric brands, shares some of her favourite things

After studying textile design at the Natal Technikon in Durban, Haidee explored all avenues of the textile industry working as a designer, then a buyer and stylist of fabric collections for some of South Africa's top fabric houses. "It's really exciting to now have my own company," says Haidee who recently established Dreamweaver Studios which she describes as a boutique business. "The showroom is a very personal space. It has a great vibe and we even boast an espresso bar," she says.

Aside from stocking major wallpaper brands such as Eijffinger, Haidee has also created her own collection of fabrics. One of the collections entitled 'My World', features everything that is nearest and dearest to her translated onto cloth. While she describes travel as her inspiration, nature also plays a huge role in her design process and the collection includes designs such as Twiggy featuring trees and twigs, Jozi Tweets depicting birds while Honeycomb was inspired by beekeeping, a hobby of her husband. "When I was creating this collection I wanted to use my own references rather than other people's images so photography has since become another passion of mine," she reveals.



## HAIDEE'S BEST...

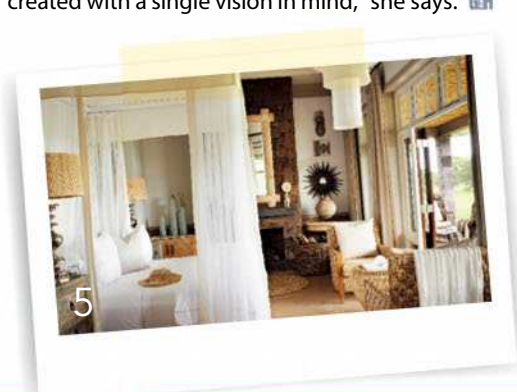
**SPACE** is the forest area in her garden (1) with its lovely tones of green. "There are three magnificent pin oaks and I've added lots of smaller trees; it's my sanctuary. I also love the splash of colour the azaleas add in August and September."

**PIECE OF FURNITURE** is the postmodern oak chair (2) in her studio. "I found it in a junk shop and covered it with my Honeycomb fabric. I really like the contrast of the old chair and the modern fabric. I call it my tortoise chair because that's what it reminds me of."

**FLOWERS** are English roses (3). "I adore those with a lovely perfume and I particularly like the David Austin English Roses which have a delicate, old-fashioned look. I've been to his nursery in the UK and it was incredible."

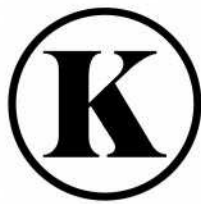
**WALLPAPER** is Eijffinger's Fantastree panel from the Pip III collection (4). "It's very innovative and I love that it's magical and whimsical," explains Haidee. "Aside from the striking design, the colours are intoxicating."

**DESIGNERS** are Cécile & Boyd. "I went to the same college as Boyd Ferguson and have watched his career with great admiration. The harmony of spaces like this room at Singita Serengeti House (5) where fabrics, objets and furnishings are undoubtedly created with a single vision in mind," she says. GH



**SOURCES** Cécile & Boyd 021 425 5110 or [cecileandboyds.com](http://cecileandboyds.com) David Austin Roses [davidaustrinroses.com](http://davidaustrinroses.com) Dreamweaver Studios 011 262 4946 or [dreamweaverstudios.co.za](http://dreamweaverstudios.co.za) Eijffinger [eijffinger.com](http://eijffinger.com) Singita Serengeti House [singita.com/serengeti-house](http://singita.com/serengeti-house)





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